SAN DIEGO REGIONAL GUIDE
DOMESTIC VIOLENCE RESOURCES

San Diego Domestic Violence Hotline
1-888-DVLINKS (1-888-385-4657) 24 hours, bilingual, confidential
DV shelter bed availability, counseling referrals, batterer’s treatment information, safety planning
Referrals may be provided for a services in every region of the County

For a complete list of resources and services see the Regional Maps at www.sddvc.org

Other 24 Hour Hotlines:
Access & Crisis Line 888/724-7240
Children Welfare Services & the Child Abuse Hotline 800/344-6000
Aging and Independent Services & Adult Protective Services 800/510-2020
Center for Community Solutions - Sexual Assault Crisis Line 888/385-4657
Lesbian, Gay, Bisexual, Transgender, Questioning (LGBTQ) Heidorn 858/212-LIFE (5433)
National DV Crisis Intervention, Information and Referral 800/799-SAFE (7233)
Rape, Abuse, Incest National Network (RAINN) Hotline 800/656-HOPE (4673)
211 211 (cell 800-227-0997)
Meth Hotline 877/NO-METH (877-662-6384)

COUNSELING & LEGAL REFERRALS

San Diego County Domestic Violence/Sexual Assault Hotline- 24 Hour Hotline 888/DVLINKS (385-4657)
Access & Crisis 24-Hour Hotline 888/724-7240
211 211 (From Cell 800-227-0997)

DOMESTIC VIOLENCE SERVICES (Partial list)

Family Justice Center (Central) 619/533-6000
YWCA (Central) 619/234-3164
Center for Community Solutions (East County) 619/697-7477
North County Family Violence Prevention Center (North County) 760/798-2835
Center for Community Solutions (North County) 760/747-6282
Community Resource Center (North County) 877/633-1112
Women’s Resource Center (North County) 760/757-3500
Center for Community Solutions (Coastal) 858/272-5777
South Bay Community Services (South County) 800/640-2933
Jewish Family Services – Project Sarah 858/637-3200
Rancho Coastal Humane Society - Animal Safehouse Program (North County) 760/753-6413
Stalking Hotline (County of San Diego District Attorney’s Office) 619/515-8900
Lesbian, Gay, Bisexual, Transgender, Questioning, (LGBTQ) Community Center 619/692-2077
SD District Attorney’s Office, Victim Assistance Program:

SPANISH SPEAKING AGENCIES (SE HABLA ESPAÑOL) (Partial list)

San Diego Domestic Violence Hotline 24 hour (Domestic Violence & Sexual Assault) 888/DVLINKS (385-4657)
Access & Crisis 24-Hour Hotline 888/724-7240
Casa Familiar 619/428-1115
Chicano Federation of San Diego County, Inc. 619/285-5600
Children’s Hospital’s Family Violence Program 619/533-3529
North County Lifeline 760/726-4900
San Diego Family Justice Center 866/933-HOPE (4673)
South Bay Community Services 24-Hour Hotline and Services 800/640-2933

MILITARY RESOURCES (Partial list)

For referrals for family service and advocacy centers serving Camp Pendleton, MCAS Miramar, MCRD, Naval Base
San Diego, NAS North Island, & Sub Base Fleet:
Call the Family Justice Center Military Liaison 619/533-3592 (confidential) or SD County DV Hotline 888/385-4657(confidential)
For other resources referrals & assistance, you may call Military OneSource at 800/342-9647 (24-hour hotline)

CHILDREN’S RESOURCES (Partial list)

Rady’s Children’s Hospital, Chadwick Center - Trauma Counseling Program 866/576-4011
Rady’s Children’s Hospital - Family Violence Program 858/966-5803
Child Welfare Services & the Child Abuse Hotline 800/344-6000
District Attorney’s Office Child Abduction Unit 619/531-4345

Updated 4/12/12
Taking time to think about steps to increase your safety and the safety of your children is important, whether you have left, are considering leaving, or are currently in an abusive relationship. You may want to consider calling a domestic violence advocacy agency to assist you in safety planning. Call 888-DV-LINKS (888-385-4657) to speak with a confidential advocate or to be referred to an agency that specializes in domestic violence.

You may also view the San Diego Domestic Violence Council Website for safety planning ideas and steps for internet safety: http://www.sddvc.org

JAIL NOTIFICATION

Inmates may be released at any time of the day. By calling to set up a “jail notification,” you may receive a call (usually about one hour) ahead of when your partner is to be released. You can go online to make these arrangements at http://www.sdsheriff.net/victims or based on your area code you may call any one of the following: (619) 531-3200 (858) 694-3200 (760) 940-4473 Two attempts will be made to contact you at the number you provide.

DOMESTIC VIOLENCE SHELTERS

There are shelters in San Diego County specifically geared to assisting domestic violence victims. In addition to housing and accommodations, most provide such services as advocacy, legal assistance, and counseling onsite.

Call the 24 hour confidential, bilingual DV Hotline at 888-DV-LINKS (888-385-4657) for bed availability.

ORDERING POLICE REPORTS

Victims have a right to a free copy of their police report. Contact the responding law enforcement agency in the jurisdiction in which the incident occurred. Requests for reports can be made to most jurisdictions through the mail or in-person. The following information is necessary to identify the requested report: parties involved, date and location of occurrence, and the report number if available. Bring identification if you go in-person to pick up your report. The crime incident report is available no later than 48 business hours and the reports are available no later than 5 business days after they are taken.

SAFE AT HOME – CONFIDENTIAL MAILING ADDRESS

Program participants are provided a confidential mailing address, at no cost, so that may use this instead of their home address. This mail forwarding program allows participants to safeguard their address when receiving first-class mail, opening a bank account, completing a confidential name change, filling out government documents, registering to vote, getting a driver’s license, enrolling a child in school, and more. You may call toll-free at 1-877-322-5227 or visit http://www.casafeathome.org for a local enrolling agency.

RESTRAINING ORDERS

You can file at no cost for a restraining order, which may be granted by a judge to last up to 5 years.

There are no cost domestic violence clinics available to assist you in the application process.

For updated TRO Clinics and Family Law Facilitators locations and hours call 888-DV-LINKS or go to the following website: www.sdcourt.ca.gov. Select the “Family” tab and select “Domestic Violence.”

Arrive at a minimum of 2 hours before the clinic closes. Be prepared to spend a minimum of one-half of a day to a full day at the court to obtain your restraining order. Space is limited at child care facilities at each court house. You are encouraged to make other child care arrangements.

Things to bring with you when you complete your paperwork, if available: The address for the person you would like restrained; Date of birth for the person you would like restrained; Physical description of the person you would like restrained; Photographs of any injuries; Copy of the police report(s).