

#21

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Collector: Web Link 1 (Web Link)
Started: Wednesday, February 08, 2023 3:21:34 PM
Last Modified: Monday, February 27, 2023 11:54:03 AM
Time Spent: Over a week
IP Address: 160.227.129.149

Page 1: I. Program Overview and Update

Q1

1. Department(s) Reviewed:

Kinesiology

Q2

2. Lead Author:

Rob Wojtkowski

Q3

3. Collaborator(s) - list of any person that participated in the preparation of this report:

None

Q4

4. Dean/Manager(s):

Anthony Campbell (Terry Davis was interim from August - Dec. 1 2022)

Q5

Respondent skipped this question

5. Initial Collaboration Date with Manager/Dean:

Q6

6. Program Update (Required): Please summarize the changes, additions, and achievements that have occurred in your program since the last program review. You can access 2021 program reviews on the program review webpage.

Our AKHE Division hired a full time Dean/Athletic Director, Anthony Campbell, starting December 1 2022. We hope this will give our division and specifically our Kinesiology Department the leadership stability that it deserves. From Dec. 19 2021 to August 2022, the Kinesiology Department and our AKHE division did not have an interim Dean after Temo Carboni, resigned in December of 2021. Needless to say, the lack of interim Dean for 8 months had an adverse affect on the our overall department, staff and faculty moral and student needs.

Besides the lack of an interim Dean for 8 months, our Kinesiology Department and AKHE division did not have an interim Athletics Technician from August 2021 until March 2022. Our full time Athletics Technician had a health situation, went on leave in August 2021 and resigned his position in late September 2021. For 6 months without an interim Athletics Technician, our instructors had to clean their classrooms, set up for classes, and set up for home athletic games. These duties are typically completed by the Athletics Technician. In March of 2022, an interim Athletics Technician was hired. This has been an important "achievement" for our instructors and instructor/coaches because instead of completing classroom maintenance and setting up for practice/competitions, our instructors can concentrate on teaching and spending extra time with their students especially their at risk students.

An achievement for our Kinesiology Department is the continued increase in enrollment after moving to 100% DE during the pandemic. As stated in our previous comprehensive program review, many of our Kinesiology classes have stayed DE with great success rates and fill rates. Unlike many other community college Kinesiology Departments throughout California, our activity classes have done very well in the DE format. Our department is trying to offer face to face compared to DE classes at the "70% to 30% rate" that our Chancellor has set for a goal. Moreover, our face to face activity classes for the Spring 2023 semester (ES 76abc tennis, ES 170abc soccer, ES 175abc volleyball) have higher enrollment than pre-covid class enrollments. This indicates that many of our students want the face to face interaction with their instructors that is essential to instruction in these classes.

Page 2: II. Assessment and Student Achievement

Q7

7. What are your program's key assessment findings over the past year?

Our department is still trying to get all our courses SLO's assessed. During this spring 2023 professional development, the department chair had the instructors use our discipline meeting to address our SLO's. Instead of just showing the instructors how to complete this task, the department chair (via zoom) walked through a sample SLO entry for his class. Faculty then were asked to complete their SLO assessments during this hour meeting. This was a success with many of the instructors appreciating the "one on one" feedback during this interactive SLO assessment entry completion.

Our faculty has met to discuss changing our course SLO's to match our new PLO's. However, we wanted to assess all our current classes SLO's so we current data so we can properly compare our SLO's.

Q8

8. What have you changed (or will you change over the next year) as a result of your assessment findings?

As stated above, now that we have assessed all our course SLO's by the end of the Spring 2023 semester, we will be changing our course SLO's to incorporate our programs PLO's. For example, our individual sport racquet courses such as tennis (ES 76abc) and badminton (ES 60abc) will share similar SLO's regarding grip, scoring and singles/doubles play. Our department will be grouping our team sport courses, individual sport courses, combative courses and physical fitness courses with different PLO's. We have already completed this PLO task.

Q9

Respondent skipped this question

OPTIONAL: You may upload a copy of your SLO assessment plan here. If you have an Excel sheet, please convert it to one of the supported files listed below before submission.

Page 3: II. Assessment and Student Achievement

Q10

9. What are your plans to improve equitable student access to program courses and outcomes (success, retention, persistence, graduation, etc.) in the coming year?

Our department over the last 5 years had 7 students that earned Exercise Science degrees and 25 students earn transfer degrees in Kinesiology. In the last year we had 1 student earn an Exercise Science degree and 7 students earn a transfer degree in Kinesiology. Many of our students might be transferring with a University Studies degree CSU Soc/Beh (364 campus wide) or a General Studies Soc/Beh (125 campus wide) because of the difficulty in completing the science portion of our degrees in a four semester time period (Bio 130/131, Bio 140, Bio 141/141L, Chem 102). Our department would like to find out how many of our Kinesiology and Exercise Science majors are earning these degrees.

One of the more interesting findings from the data is the difference in retention and success when looking at DE status. Data from Fall 2021 shows:

Method of teaching	Retention	Success
On Campus	92%	88%
DE	89%	79%
Hybrid	86%	73%

There is a significant difference for success rate of DE students compared to on campus students.

Also there is both a retention and success difference for Hybrid students compared to on campus students.

To address these differences in retention and success, our department is planning to follow the chancellors mandate of offering more on campus courses. The data supports this return to more on campus classes in our department.

As far as equity gaps, the data shows that for Fall of 2021 our demographic gaps have disappeared for success for black students (now at 83% compared with the all ethnic groups in ES 82%). However, for black students there is still a retention gap (86% compared with the all ethnic groups in ES 90%). This has improved from 83% for Fall 2020. For middle eastern students, the gaps have lessened but still exist. Retention (86% compared with the all ethnic groups in ES 90%) which has improved from 83% in Fall 2020. Success (72% compared with the all ethnic groups in ES 82%) which has improved from 71% in Fall 2020. One of the reasons for these differences is the number of courses in our department being offered DE as stated above.

Q11

10. What did your program learn from the transition to remote teaching over the past few years? How can this be used to improve the student experience in the future?

An achievement for our Kinesiology Department is the continued increase in enrollment after moving to 100% DE during the pandemic. As stated in our previous comprehensive program review, many of our Kinesiology classes have stayed DE with great success rates and fill rates. Unlike many other community college Kinesiology Departments throughout California, our activity classes have done very well in the DE format. Our department is trying to offer face to face compared to DE classes at the "70% to 30% rate" that our Chancellor has set for a goal. Moreover, our face to face activity classes for the Spring 2023 semester (ES 76abc tennis, ES 170abc soccer, ES 175abc volleyball) have higher enrollment than pre-covid class enrollments. This indicates that many of our students want the face to face interaction with their instructors that is essential to instruction in these classes.

However, as stated in question #9, there is a significant difference for success rate of DE students compared to on campus students. Also there is both a retention and success difference for Hybrid students compared to on campus students.

To address these differences in retention and success, our department is planning to follow the chancellors mandate of offering more on campus courses. The data supports this return to more on campus classes in our department.

Page 4: II. Assessment and Student Achievement continued

Q12

Yes

11. Does your department offer classes that are approved distance education courses, excluding emergency remote teaching in 2020-21 (classes that would have been taught in person if not for the pandemic)?

Page 5: DE Course Success Rates

Q13

12. If there were differences in success rates for distance education (online) versus in-person sections of program courses in your last comprehensive program review, what has the department done to address these disparities? If online and in-person sections had comparable success rates, please describe what the program did to achieve that.

There is a significant difference for success rate of DE students compared to on campus students. Also there is both a retention and success difference for Hybrid students compared to on campus students.

To address these differences in retention and success, our department is planning to follow the chancellors mandate of offering more on campus courses. The data supports this return to more on campus classes in our department.

Page 6: III. Previous Goals: Update

Q14

Previous Goal 1:

Have D100 (gym) fitted for air condition so our students can learn more effectively. The Kinesiology (Exercise Science) department offers multiple courses in D100 without air conditioning. D100 has had a temperature measuring of over 95 degrees during many of our classes. Besides being unsafe for our students and especially many of our older students, it is difficult and almost impossible to teach under these conditions. In fact, during a two week span, two ES 155a students had to be carted off to the health office due to heat related issues.

Q15**In Progress - will carry this goal forward into next year**

Previous Goal 1:

Page 7: III. Previous Goals: Update continued

Q16**Respondent skipped this question**

Please describe the results or explain the reason for deletion/completion of the goal:

Q17**Yes**

Do you have another goal to update?

Page 8: III. Previous Goals: Update continued

Q18**Increase equitable access (enrollment)**

Link to College Strategic Goal - Which College Strategic Goal does this department goal most directly support?
(Check only one)

Q19

Action Steps for the Next Year: If you are requesting resources in order to achieve this goal, please list them below as action steps and specify the type of request (e.g., submit technology request for new laptop computers).

Air Condition be prioritized by Cuyamaca College to be placed in D100 (gym).

Q20**Facilities renovation**

What resources, if any, are needed to achieve this goal?
Please select all that apply. Links to request forms are included below. All resource requests are due on the program review deadline.

Q21**Yes**

Do you have another goal to update?

Page 9: III. Previous Goals: Update continued

Q22

1. Previous Goal 2:

Offer a "spin cycle" course in D203. Since last program review, our Kinesiology (Exercise Science) department has put in the curriculum (ES 008abc) so that our college can offer indoor cycling. Spin cycle classes are popular classes at many colleges. We are confident that this course will not only easily fill, more importantly it will be a popular course with many of our colleges different populations including adaptive students, older students and ESL students. Currently our Kinesiology (Exercise Science) department has 12 indoor cycles in D100. The additional 13 life cycles will allow us to offer ES 008abc. Due to the size of the classroom (D203) only 25 indoor cycles can fit in that space. As this course grows in popularity on our campus, the Kinesiology (Exercise Science) department can offer more "spin" classes.

Q23**In Progress-will carry this goal forward into next year**

3. Goal Status

Page 10: III. Previous Goals: Update continued

Q24**Respondent skipped this question**

Please describe the results or explain the reason for deletion/completion of the goal:

Q25**Respondent skipped this question**

Do you have another goal to update?

Page 11: III. Previous Goals: Update (If Applicable) continued

Q26**Increase equitable access (enrollment)**

Link to College Strategic Goal - Which College Strategic Goal does this department goal most directly support? (Check only one)

Q27

Action Steps for the Next Year: If you are requesting resources in order to achieve this goal, please list them below as action steps and specify the type of request (e.g., submit technology request for new laptop computers).

Our department will be purchasing 6 more lifecycles so we can offer our Spin class for Spring 2024.

Q28**Respondent skipped this question**

What resources, if any, are needed to achieve this goal?
Please select all that apply. Links to request forms are included below. All resource requests are due on the program review deadline.

Q29**Yes**

Do you have another goal to update?

Page 12: III. Previous Goals: Update continued

Q30

1. Previous Goal 3:

Change class max for some of our Kinesiology (Exercise Science) classes that do not represent the appropriate class max. Currently we have a number of Kinesiology (Exercise Science) courses that do not have the correct class size. These courses have 50 student maximums when it is not appropriate to have 50 students in these courses. Like a science laboratory class with only 15 microscopes, there would not be 50 students in the science laboratory class so up to four students have to share a microscope. Similarly, the Kinesiology (Exercise Science) department has classes with class size greater than what should be allowed. These classes are lecture and lab. Furthermore, our sister college at Grossmont College has the same courses with the same class class space but with smaller class sizes.

Q31**In Progress-will carry this goal forward into next year**

3. Goal Status

Page 13: III. Previous Goals: Update continued

Q32**Respondent skipped this question**

Please describe the results or explain the reason for deletion/completion of the goal:

Q33**Respondent skipped this question**

Do you have another goal to update?

Page 14: III. Previous Goals: Update continued

Q34**Eliminate equity gaps in course success (passing grade in class)**

Link to College Strategic Goal - Which College Strategic Goal does this department goal most directly support?
(Check only one)

Q35

Action Steps for the Next Year: If you are requesting resources in order to achieve this goal, please list them below as action steps and specify the type of request (e.g., submit technology request for new laptop computers).

Change class max for the following classes:

ES 60abc (32)

ES 76abc (36)

ES 155abc (30)

ES 170abc (40)

ES 175abc (36)

Q36

Other, please specify::

What resources, if any, are needed to achieve this goal?
Please select all that apply. Links to request forms are included below. All resource requests are due on the program review deadline.

approval by VPI

Q37

Yes

Do you have another goal to update?

Page 15: III. Previous Goals: Update continued

Q38

1. Previous Goal 4:

Purchase TRX equipment (functional fitness) to offer functional fitness classes that will better serve our college population. The TRX equipment is being used by private fitness gyms, personal trainers and individuals. Many of the students that take Kinesiology (Exercise Science) classes at Cuyamaca College are unique to our campus. Many are older or with disabilities. While we offer two adaptive classes (ES 001) a semester, we do not have the equipment necessary to teach our ES 001 or other courses effectively such as ES 19abc (physical fitness) and ES 24abc (fitness boot camp). The TRX system uses the students own body weight when exercising which will allow students of all ages and fitness ability levels to take advantage of the curriculum in the class. This TRX system is more conducive for older students and disabled students. The Kinesiology (Exercise Science) department's student characteristics have changed over the past five years according to the data provided by the college. In Spring 2015 22% of the Kinesiology (Exercise Science) student population was over 40 years old. As of Spring 2019 27% of the Kinesiology (Exercise Science) student population is over over 40 years old. If this trend continues, the Kinesiology (Exercise Science) department will be serving over one third of its students who are over 40 years old. We need equipment that will be appropriate for our students. We need equipment like this TRX system that will be safe for our students and prevent injuries. The Kinesiology (Exercise Science) department is confident when the TRX system is placed in D205, our classes (ES 001, ES 10, ES11, ES 12, ES 19abc, ES 206, ES 209, ES 218, ES 230, ES 227, ES 248) that use this system will not only increase in file rate but also increase in popularity. The college will be able to offer more classes utilizing this equipment.

Q39

In Progress-will carry this goal forward into next year

3. Goal Status

Page 16: III. Previous Goals: Update continued

Q40

Respondent skipped this question

Please describe the results or explain the reason for deletion/completion of the goal:

Page 17: III. Previous Goals: Update continued

Q41

Increase equitable access (enrollment)

Link to College Strategic Goal - Which College Strategic Goal does this department goal most directly support? (Check only one)

Q42

Action Steps for the Next Year: If you are requesting resources in order to achieve this goal, please list them below as action steps and specify the type of request (e.g., submit technology request for new laptop computers).

Our department has purchased the TRX equipment, however, we are waiting on installation in room D205. Once this occurs, we will be able to use this equipment.

Q43

Other, please specify::

Installation by our college

What resources, if any, are needed to achieve this goal? Please select all that apply. Links to request forms are included below. All resource requests are due on the program review deadline.

Page 18: IV. New Goals

Q44

Yes

Would you like to propose any new goal(s)?

Page 19: IV. New Goals continued

Q45

1. New Goal 1:

Build a new storage area in D100 for the Kinesiology Department to store current class equipment and new class equipment. This storage area would be outside the gym on the north side of the gym. Currently there is just dirt and shrubs in this area between the gym and the road. This storage area would have two doors entering the gym and two doors to the outside.

Q46**Increase equitable access (enrollment)**

2. Which College Strategic Goal does this department goal most directly support? (Check only one)

Q47

3. Please describe how this goal advances the college strategic goal identified above.

If we are able to increase our storage area for Kinesiology, our department will be able to purchase new equipment so we can offer new classes for not only our Kinesiology AA-T and Exercise Science majors, but also for our college wide student body, faculty, staff, administration and our surrounding community at large. Some classes that the Kinesiology department wants to offer are pickle ball and table tennis. The Kinesiology department has money in its equipment budget to buy the equipment for these new classes but the department does not have sufficient storage for this new equipment. In fact, the department does not have enough storage for the current equipment used by our Kinesiology department. There is a safety issue in one of the two storage areas in the gym (D100). The "electrical room" was not designed for equipment storage. However, since the gym was built in 1995, this electrical room is and has been used for storage of equipment by not only the Kinesiology department and Athletics, but also for equipment used by the maintenance department. There is equipment stored in areas marked "keep clear - electrical." This new storage would allow all groups storing equipment in the gym to have none in the electrical storage area thus preventing possible safety issues.

Q48

4. Please indicate how this goal was informed by SLO (student learning outcomes) assessment results, PLO (program learning outcomes) assessment results, student achievement data, or other qualitative or quantitative data (from any source):

As shown in our program review, our Kinesiology Department has 24% in the Fall of 2020 of our students who are 40 years or older. This compares to our college which has 14% in the Fall of 2020 of our students who are 40 years or older.. This shows that the Kinesiology Department has a significant number of older students when compared to the college wide population. Besides these older students, we have many students that have physical difficulties who need to take our adaptive classes (ES 001). By offering classes like pickle ball and table tennis, our Kinesiology Department will be able to offer additional classes for our adaptive students and safe classes for our older students to enroll in and complete. These students will not be discouraged by the difficulty of mastering complex movements or taking class that involve a great deal of movement. We currently offer only two individual sports classes to our Kinesiology AA-T and Exercise Science majors (badminton and tennis).

Q49

5. Action Steps for this Year: If you are requesting resources in order to achieve this goal, please list them below as action steps and specify the type of request (e.g., submit technology request for new computer hardware).

This is a new "big" goal that unfortunately will take time to complete. For the coming year, these would be reasonable steps:

1. Now that we have hired our new Dean, Tonie Campbell, he will meet with the Kinesiology Department chair to discuss this project (the Kinesiology Department chair has discussed this project with the last two Dean/AD's).
 2. The Dean/AD and Kinesiology chair meet with the head of facilities to discuss the project.
 3. The head of facilities would then take the information discussed and come up with some possible scenarios that are not only physically feasible for the space but also financially feasible.
 4. The next step would to get a "rough" estimate of the cost for the project. Then identify which resource areas where funds can be requested.
-

Q50

6. How will this goal be evaluated?

A good start to this goal would be that action steps 1-4 be finished by next years annual program review for the Kinesiology Department.

Q51

Facilities renovation

What resources, if any, are needed to achieve this goal?
Please select all that apply. Links to request forms are included below. All resource requests are due on the program review deadline.

Q52

No

Do you have another New Goal?

Page 20: IV. New Goals continued

Q53

Respondent skipped this question

1. New Goal 2:

Q54

Respondent skipped this question

2. Which College Strategic Goal does this department goal most directly support? (Check only one)

Q55

Respondent skipped this question

3. Please describe how this goal advances the college strategic goal(s) identified above.

Q56

Respondent skipped this question

4. Please indicate how this goal was informed by SLO (student learning outcomes) assessment results, PLO (program learning outcomes) assessment results, student achievement data, or other qualitative or quantitative data (from any source):

Q57

Respondent skipped this question

5. Action Steps for this Year: If you are requesting resources in order to achieve this goal, please list them below as action steps and specify the type of request (e.g., submit technology request for new computer hardware).

Q58

Respondent skipped this question

6. How will this goal be evaluated?

Q59

Respondent skipped this question

What resources, if any, are needed to achieve this goal?
Please select all that apply. Links to request forms are included below. All resource requests are due on the program review deadline.

Q60

Respondent skipped this question

Do you have another New Goal?

Page 21: IV. New Goals continued

Q61

Respondent skipped this question

1. New Goal 3:

Q62

Respondent skipped this question

2. Which College Strategic Goal does this department goal most directly support? (Check only one)

Q63

Respondent skipped this question

3. Please describe how this goal advances the college strategic goal(s) identified above.

Q64

Respondent skipped this question

4. Please indicate how this goal was informed by SLO (student learning outcomes) assessment results, PLO (program learning outcomes) assessment results, student achievement data, or other qualitative or quantitative data (from any source):

Q65

Respondent skipped this question

5. Action Steps for this Year: If you are requesting resources in order to achieve this goal, please list them below as action steps and specify the type of request (e.g., submit technology request for new computer hardware).

Q66

Respondent skipped this question

6. How will this goal be evaluated?

Q67

Respondent skipped this question

What resources, if any, are needed to achieve this goal?
Please select all that apply. Links to request forms are included below. All resource requests are due on the program review deadline.

Q68

Respondent skipped this question

Do you have another New Goal?

Page 22: IV. New Goals continued

Q69

Respondent skipped this question

1. New Goal 4:

Q70

Respondent skipped this question

2. Which College Strategic Goal does this department goal most directly support? (Check only one)

Q71

Respondent skipped this question

3. Please describe how this goal advances the college strategic goal(s) identified above.

Q72

Respondent skipped this question

4. Please indicate how this goal was informed by SLO (student learning outcomes) assessment results, PLO (program learning outcomes) assessment results, student achievement data, or other qualitative or quantitative data (from any source):

Q73

Respondent skipped this question

5. Action Steps for this Year: If you are requesting resources in order to achieve this goal, please list them below as action steps and specify the type of request (e.g., submit technology request for new computer hardware).

Q74

Respondent skipped this question

6. How will this goal be evaluated?

Q75

Respondent skipped this question

What resources, if any, are needed to achieve this goal?
Please select all that apply. Links to request forms are included below. All resource requests are due on the program review deadline.

Page 24: Final Check

Q76

I am ready to submit my program review

Are you ready to submit your program review? If you would like to go back and review a section, select a section and click "Next."
