

#6

COMPLETE

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Page 1: For Annual Planning/Program Review Requests AND Off-Cycle Requests

Q1 **2023-24**

Technology Plan Year

Q2

Title of Request

Tablets and Secure Charging Cart for Individualized Instruction in Kinesiology Lab

Q3

Location of Request

D-203 Kinesiology Lab

Q4

Department

Exercise Science

Q5

Contact Person

Name **JT Tomaschke**
Email Address **jennifer.tomaschke@gcccd.edu**

Q6

Description Please provide a brief description of the technology/software or technology project and its core goal(s).

This request is for 25 tablets and a secure charging cart for use in the D-203 Kinesiology Lab to support individualized, student-centered instruction during in-person lab classes. The core goal is to provide each student with access to a personalized exercise program, including instructor-created video demonstrations, so students with diverse abilities, injuries, or health conditions can safely and meaningfully participate in lab activities. This technology supports equitable access, improves student engagement and success, and modernizes lab instruction by allowing individualized learning at scale.

Page 2: Proposal Justification

Q7

Please explain how the technology or enhancement supports the strategic plan and impacts students, employees, the college, and/or the district. Which Strategic Plan priority (or priorities) are supported by this request? To access the Strategic Plan, please click [here](#).

Increase equitable access (enrollment),
Eliminate equity gaps in course success (passing grade in class)
 ,
Increase persistence eliminate equity gaps (re-enrolling the subsequent semester or year)
 ,
Increase completion and eliminate equity gaps (graduating with a degree/certificate, or transferring)

Q8

How does the request support the above priorities?

This technology directly supports equitable access by allowing students with diverse physical abilities, disabilities, injuries, and chronic health conditions to participate fully in required Kinesiology lab activities. By enabling individualized instruction during live lab classes, the tablets remove structural barriers that disproportionately impact students experiencing health disparities.

The ability to deliver personalized exercise plans improves student success by increasing engagement, safety, and clarity during lab instruction. Additionally, the portability of the tablets will allow students to learn at the equipment they are using for each individualized activity, be it on a mat with resistance bands for rehabilitation, or working on performing plyometric exercises for speed and power. When students are able to follow exercises appropriate to their needs, they are more likely to attend class consistently, remain enrolled, and successfully complete coursework. This directly supports persistence, retention, and completion while addressing equity gaps in participation and success.

Q9

Who would this impact? Please select all that apply.

Students,
Employees,
College,
District

Q10

What is the number of students or employees impacted per semester?

400

Q11

How would this impact the above group(s)?

Students: Gain access to individualized, accessible instruction that supports safe participation, engagement, and success regardless of physical ability or temporary injury.

Employees: Instructors are better able to manage diverse student needs simultaneously, reduce instructional strain, and provide higher-quality feedback and supervision.

College: Supports equity, student success, and innovative instructional practices aligned with institutional goals.

District: Advances districtwide commitments to equity, access, and student-centered learning while supporting consistent instructional quality.

Q12

Yes

Does the technology support a state-wide initiative or is it a legal mandate or in support of a legal mandate?

Q13

If yes, please explain how the technology supports a state-wide initiative or is it a legal mandate or in support of a legal mandate?

This request supports statewide and federal mandates related to equitable access and disability accommodation, including ADA and Section 504 principles. By providing technology that allows students with disabilities or health-related limitations to participate meaningfully in required instructional activities, the College proactively supports compliance with accessibility expectations and inclusive instructional practices.

The request also aligns with California Community Colleges' broader equity, inclusion, and student success initiatives by reducing barriers to participation in high-impact, movement-based courses.

Q14

Please be aware that projects, once approved, are typically scheduled 6 months to a year in advance. Consider the consequences if the technology/software is not implemented, upgraded or renewed. What are the consequences if the technology/software is not implemented/upgraded, or renewed? Examples: Security concerns, loss of FTES, mandates, accreditation, etc.

If this technology is not implemented, students with disabilities, injuries, or multiple health conditions may continue to face limited or unsafe participation options in Kinesiology lab courses. Without individualized instructional tools, students may disengage, stop attending class, or withdraw entirely when they cannot safely follow generalized lab activities.

This negatively impacts student retention, success, and completion, and perpetuates equity gaps in movement-based courses. Faculty will also remain limited in their ability to safely and effectively deliver individualized instruction at scale.

Q15

What is your preferred time for implementation?

As soon as feasible, ideally prior to or at the start of an academic semester, to maximize instructional impact and support student success.

Q16

Tell us how the data you have supports the implementation of the technology. This can be qualitative or quantitative in the form of surveys, observations, SLO or other assessment data, institutional research data or other reports and data.

This request is supported by qualitative and observational data from course instruction, Student Learning Outcome (SLO) assessments, and faculty experience in Adapted Physical Education and Kinesiology labs. Instructors regularly observe that students with diverse physical needs struggle to follow one-size-fits-all lab instruction, which impacts participation, safety, and learning outcomes. This is especially the case with the current large class maximums (50).

SLO reflections and course observations consistently indicate that students succeed when instruction is clearly scaffolded, individualized, and accessible. The use of tablets to deliver personalized exercise plans directly responds to these documented instructional needs.

Q17**3**

How critical is this need in terms of supporting curriculum and services?

Q18

Please attach any supporting data/documentation using the "Upload" button below.

Courses%20Identified%20for%20Potential%20Tablet%20Integration_%20Program%20Review__%20-%20Sheet1.pdf (47.3KB)

Q19**Hardware**

Is the request for hardware, software, or both?

Q20**New (new to the campus)**

Is the request for new or an upgrade to existing technology?

Q21

Total initial cost of request: This includes hardware and software maintenance, licence, taxes, fees, shipping, storage, etc. Contact Bryan Cooper for assistance.

Based on a preliminary estimate using current retail pricing, the total initial cost for 25 tablets and two secure locking and charging carts is approximately \$11,493.20. This estimate includes hardware, charging and storage equipment, and applicable taxes.

Final costs may differ and will be confirmed through the formal quote currently in process with the Instructional Computer Facilities Supervisor, Camillo Hernandez-Lutu, and coordinated through Information Systems and Purchasing to ensure compliance with district standards and pricing.

Q22**General Fund**

Funding Source:

Q23

Please attach quote using the "Upload" button below.

25%20iPads%20%26%202%20LocknCharge%20Stations%20%2411%2C493.20.pdf (157.3KB)

Page 4: Grant Funding Source

Q24**Respondent skipped this question**

Please specify the grant that will fund the technology you are requesting.

Page 5: Evaluation Plan

Q25

Evaluationi. How do you plan to evaluate the technology after implementation?

The technology will be evaluated through instructor observation, student feedback, and course-level assessment data. Faculty will review student participation, engagement, and completion of lab activities before and after implementation, with attention to students requiring individualized instruction. Findings will be discussed in department meetings and incorporated into ongoing SLO assessment and program review processes.

Page 6: Type of Request

Q26

No

Is this an Off-Cycle Request (e.g., not part of the annual planning/program review process)?

Page 7: Off-Cycle Requests Only

Q27

Respondent skipped this question

What are the exigent circumstances and/or contributing factors that would qualify this request to be eligible for Off-cycle consideration? Please explain why this request cannot wait until the next annual planning cycle.

Page 8: Technology Request Process

Q28

Respondent skipped this question

How can the Technology Request process be improved for next year?

Page 9: Ready to Submit

Q29

Yes

Are you ready to submit your technology request?

Courses Identified for Potential Tablet Integration

Spring Semester example


Course	Title	Methods	Class Maximum
<u>ES-001-4783</u>	Adapted Physical Exercise	Lecture Laboratory	25
<u>ES-008A-3050</u>	Beginning Indoor Cycling	Lecture Laboratory	21
<u>ES-014A-0561</u>	Beginning Body Building	Laboratory Laboratory	28
<u>ES-019A-0439</u>	Beginning Physical Fitness	Laboratory Laboratory	30
<u>ES-019A-3174</u>	Beginning Physical Fitness	Laboratory Laboratory	28
<u>ES-024A-1467</u>	Beginning Fitness Boot Camp	Lecture Laboratory	30
<u>ES-206-0757</u>	Intercollegiate Basketball	Laboratory	50
<u>ES-227-9368</u>	Intercollegiate Track (Women's Track)	Laboratory	30
<u>ES-227-9369</u>	Intercollegiate Track (Men's Track)	Laboratory	50
<u>ES-248-4895</u>	Conditioning for Athletes (Men's & Women's Cross Country)	Lecture Laboratory	30
<u>ES-249-0249</u>	Comp for Intercoll Athletes (Men's Soccer)	Lecture Laboratory Laboratory	50
<u>ES-249-1470</u>	Comp for Intercoll Athletes (Women's Soccer)	Lecture Laboratory Laboratory	28
<u>ES-249-4626</u>	Comp for Intercoll Athletes (Women's Soccer)	Lecture Laboratory Laboratory	28

TOTAL

428

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Total **\$11,493.20**

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