

#7

COMPLETE

**Collector:** Web Link 1 (Web Link)  
**Started:** Tuesday, January 06, 2026 4:40:43 PM  
**Last Modified:** Tuesday, January 06, 2026 5:57:26 PM  
**Time Spent:** 01:16:43

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Page 1: Please review the following:

**Q1**

Contact Person:

Name	<b>JT Tomaschke</b>
Email Address	<b>jennifer.tomaschke@gcccd.edu</b>

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**Q2**

Department:

Exercise Science

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**Q3**

Title of Request:

Adaptive Ergometer to Support Inclusive Instruction and Student Success

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**Q4**

Location of Request:

D-203 Kinesiology Lab

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**Q5**

Type of Request (Select one):

**Equipment:** Tangible property with a purchase price of at least \$200 and a useful life of more than one year. Technology related items such as hotspots, computers, tablets should be requested through the College Technology Committee

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**Q6**

Description of Request: Please provide a description of the supplies, equipment, or miscellaneous request. When making your request, please be as specific as possible and include information such as make, model, manufacturer, color, quantity, etc.

Make/Model: SciFit Pro2 Total Body Exerciser

Manufacturer: Advanced Exercise

Color: Cool Grey

Quantity: One (1)

This equipment is a seated, wheelchair-accessible upper body ergometer that provides a non-weight-bearing option for cardiovascular exercise using the upper body or combined upper and lower body movement, with adjustable resistance.

Currently, Cuyamaca College has no adaptive cardiovascular equipment. As a result, students who use wheelchairs and students with other lower-limb limitations, including those recovering from stroke, hip, knee, ankle or foot injuries or surgeries, or other mobility-related conditions, including student-athletes during lower-body recovery have no access to cardiovascular equipment in our courses. This equipment is necessary to provide equitable access to participation, assessment, and cardiovascular training for students who cannot use existing treadmills, ellipticals, or stationary bikes.

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**Q7**

Estimated Cost:

\$7,334.81

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**Q8**

Please attach quote, if available

[\*\*SCIFIT%20PRO2%20Quote%207334.81.pdf \(2.1MB\)\*\*](#)

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**Q9**

**Total Cost of Ownership:** Your requested item may incur ongoing expenses. What are the ongoing expenses associated with your request? If there are ongoing expenses, please detail how you plan to support these costs with your existing budget by completing the text boxes below.

Initial Cost of Item	<b>\$7,334.81</b>
Maintenance	<b>included in existing departmental procedures</b>
Upgrades	<b>none</b>
Impacts to Staffing	<b>none</b>
Replacement Costs	<b>long-term replacement anticipated well beyond PR cycle</b>
Other	<b>0</b>
Total	<b>\$7,334.81</b>
Amount available in department budget to support this request Smarkey:	<b>2332.00</b>
Remaining requested amount	<b>5002.81</b>

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**Q10**

**Justification of Request:** The justification of the request is a key area to focus on. The ROC encourages you to strengthen your request by providing a robust rationale detailing all relevant criteria. When writing the rationale, keep in mind that those reviewing the justification may not be familiar with your department and needs. Providing detailed information and context can help clarify the need for your request. Please select the applicable criteria(s) and provide the details of how the criteria(s) relate to your request.

**Critical need,**

**Program expansion,**

**Impact on student success and access,**

**Equity and Antiracism,**

The justification of the request is a key area to focus on. ROC encourages you to strengthen your request by providing a robust rationale detailing all relevant criteria. When writing the rationale, keep in mind that those reviewing the justification may not be familiar with your department and needs. Providing detailed information and context can help clarify the need for your request.:

**Critical Need** This request addresses a critical gap in instructional resources. Cuyamaca College currently has no adaptive cardiovascular equipment. As a result, students who use wheelchairs and students with lower-limb limitations due to disability, stroke, surgery, or injury are unable to participate fully in cardiovascular activity required in Adapted Physical Education and Exercise Science courses. This lack of accessible equipment limits participation, assessment, and equitable learning opportunities and must be addressed to meet instructional and access needs. **Program Expansion and Innovation** The addition of an adaptive upper body ergometer expands the department's ability to deliver inclusive, student-centered instruction. This equipment allows instructors to support a broader range of learners within existing courses and strengthens Adapted Physical Education offerings. It also supports innovative instructional practices by providing a non-weight-bearing cardiovascular option that can be integrated into multiple courses, assessments, and individualized fitness plans. The equipment creates new opportunities for participation for students with lower-limb amputations, paraplegia, and other mobility-related limitations, and allows these students to remain enrolled and actively engaged in general fitness and cycling-based courses through upper body participation. This expands access across both adapted and non-adapted classes while promoting continuity, belonging, and long-term student success. **Impact on Student Success and Access** This equipment directly improves student access and success by allowing students who cannot safely use treadmills, ellipticals, or stationary bikes to participate in required coursework. It supports course completion, retention, and achievement of student learning outcomes by removing a significant physical barrier to participation. The equipment also supports student-athletes during periods of lower-body recovery, allowing them to maintain cardiovascular fitness while remaining engaged in coursework. **Equity and**

Antiracism This request aligns strongly with the College's equity and antiracism goals by addressing systemic barriers faced by students with disabilities and mobility-related limitations. Physical education and fitness spaces have historically excluded these students due to a lack of accessible equipment. Providing adaptive cardiovascular equipment affirms the department's commitment to equitable access, inclusive instruction, and student belonging, ensuring that all students have the opportunity to participate meaningfully in movement-based courses.

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## Q11

Program Goals: Please identify the program goal(s), as stated in your current annual or comprehensive program review, that this request would help your program achieve. Provide a brief explanation of how it would do so.

Expanding equitable access to instruction: The addition of adaptive cardiovascular equipment addresses a critical access gap by ensuring that students with disabilities, wheelchair users, students with mobility limitations, and those with temporary injuries can fully participate in Exercise Science courses. This equipment expands available exercise modalities and provides access to required instructional activities that are currently inaccessible using traditional cardiovascular equipment.

Improving student participation, retention, and success: By removing physical barriers to participation, this equipment allows students to remain enrolled, continue attending class, and achieve learning outcomes when injuries or mobility limitations prevent use of treadmills, ellipticals, or stationary bikes. When no alternative options are available, students may disengage or withdraw and this non-weight-bearing option helps prevent that, supporting persistence and course completion.

Strengthening inclusive, student-centered learning environments: This equipment expands the department's instructional capacity across multiple courses and modalities by providing a consistent, accessible option for cardiovascular participation regardless of physical ability or temporary limitation. It removes structural barriers that have historically excluded students with disabilities, injuries, and mobility-related conditions from movement-based learning. These barriers disproportionately affect students already experiencing health disparities related to disability, injury, age, or chronic conditions. By ensuring all students have meaningful ways to engage in required activities and assessments, the equipment promotes belonging, dignity, and equitable participation while advancing equity-minded and student-centered course design.

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## Fitness Solutions

*Prepared For*  
**Cuyamaca College**  
*By*  
**Casey Corrigan**

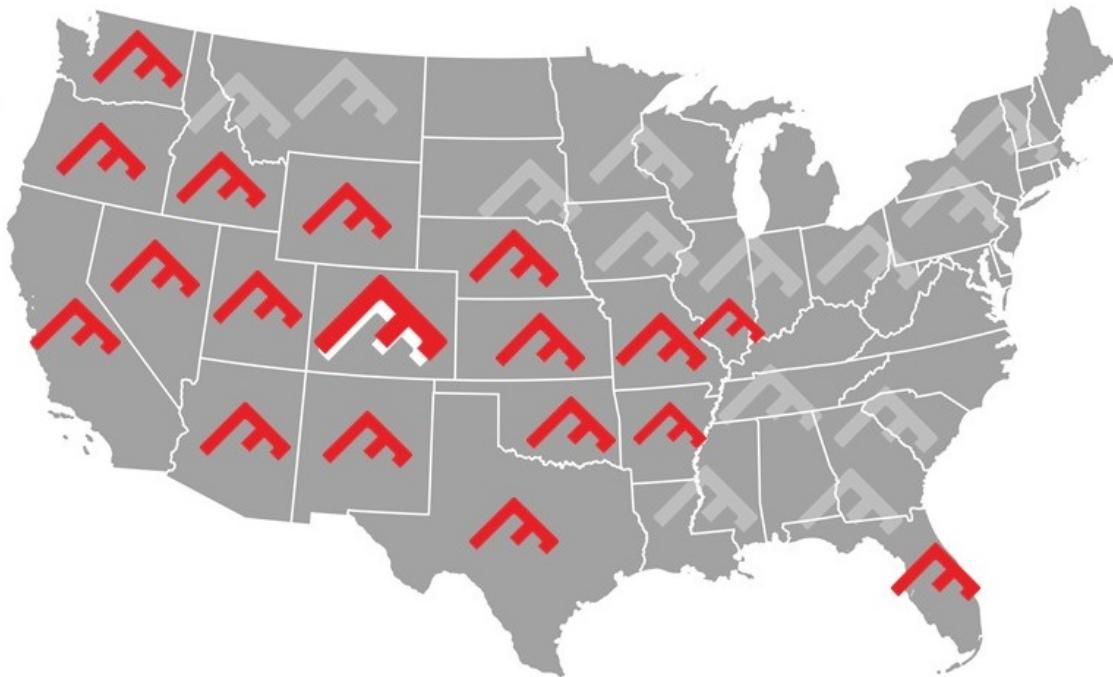
January 06, 2026





Advanced Exercise fitness design and equipment specialists are part of a national network that supports clients and projects across the U.S. Founded in 1986 and headquartered in Colorado, the Advanced Exercise team is over 45 consultants strong, with offices in 18 states.

The breadth and depth of industry experience across the Advanced Exercise team is second-to-none, sought after to serve and support clients anywhere in the country.



Advanced Exercise is among the largest full-service fitness solutions firms in the nation, providing clients with a full spectrum of expert products and services from industry-leading companies.

From the flooring on up, community Health & Fitness has never been more important. Accessibility to exercise facilities, both indoors and outdoors, is crucial for community engagement.

That's what we do. As industry leaders, dedicated to creating fitness & wellness spaces for communities of all types, it's time to advance.

[www.advancedexercise.com](http://www.advancedexercise.com)



## FULL-SERVICE SUPPORT

2D and 3D Facility Design

Delivery and Installation

Equipment Recommendations

Trade-in Programs

Finance Options

Product Training

Extended Warranties

Service and Maintenance

Advanced Exercise has a long-standing, exclusive partnership with the leading commercial fitness equipment company in the world:



Our vendor portfolio extends far beyond the Life Fitness family of products and also includes companies like Spirit, ECORE, Tuff Stuff, Troy, TRX, Body Solid, Echelon, Octane, Wellbeats, Espresso, Power Plate, Iron Grip, Therabody, Furniture For Life, BeaverFit USA, Cascade, and many more.





## REFERENCES

### MULTI-FAMILY:

- Nevada West
- The Wolff Company
- Lennar
- Carmel Partners
- AG Spanos
- Bomasada Development
- Bridge Properties

### COLLEGE REC:

- UCLA
- Arizona State
- University of Oklahoma
- Utah Valley University
- Cerritos College
- Kansas State
- University of New Mexico
- University of Colorado

### COLLEGE ATHLETICS:

- San Diego State University
- UNLV
- Weber State
- Arkansas State
- University of Tulsa

### COUNTRY CLUBS:

- Blessing Country Club (AR)
- Boulder Country Club (CO)
- Arizona Country Club (AZ)
- Moraga Country Club (N. CA)
- Kansas City Country Club (MO)
- Black Hawk Golf Club (TX)
- Hillcrest Country Club (S. CA)
- Shady Canyon Country Club (S. CA)
- Hunters Ridge Country Club (FL)

### SENIOR LIVING:

- Vi Living
- Wolff Revel
- Balfour Senior Living
- Greystar Senior Living
- Kisco Senior Living
- Discovery Senior Living
- Integral Senior Living

### MUNICIPAL RECREATION:

- Apec Centre (TX)
- Provo Rec (UT)
- City of Moore (OK)
- Batesville Rec (AR)
- Denver Parks and Rec (CO)
- Tumbelweed Rec (AZ)
- Center of Clayton (MO)
- City of Olathe Rec (KS)

### HOSPITALITY:

- Welk Resorts (CA)
- Montage Deer Valley (UT)
- Resorts World (NV)
- Ritz Carlton (CO)
- The Lodge at Torrey Pines (CA)
- Fairmont Scottsdale Princess (AZ)
- Bishops Lodge Ranch Resort (NM)

### PLANNED COMMUNITIES:

- Taylor Morrison
- Pulte Del Webb
- Cal-Am Properties
- Toll Brothers
- Robson Communities
- Pelican Bay Communities

### CORPORATE:

- Red Bull (CA)
- Warner Brothers (CA)
- Go Daddy (AZ)
- Arrow Electronics (CO)
- Walmart Corporate (AR)
- Nevada Beverage (NV)
- Devon Energy (OK)
- Northrop Grumman (UT)
- Gulf State Toyota (TX)
- Petco (CA)



## advanced exercise

advancedexercise.com | 861 SouthPark Drive #100, Littleton, CO 80120 | 800.520.1112

### CONSULTANT

Casey Corrigan  
ccorrigan@advancedexercise.com  
Phone: 951.370.0322  
Fax: 303.996.0063

Date: January 06, 2026

Quote Expires: 30 day(s)

**Proposal # 092852-R0**

**BILL TO**  
**Cuyamaca College**  
899 RANCHO SAN DIEGO PKWY  
EL CAJON, CA 92019-4369

**SHIP TO**  
**Cuyamaca College**  
899 RANCHO SAN DIEGO PKWY  
EL CAJON, CA 92019-4369



### CARDIO EQUIPMENT

Model	Brand	Description	Specifications	Unit Price	Qty	Total Ext
PRO230-INT	SciFit	<b>Pro2 Total Body Exerciser (Premium Seat)</b> 	<ul style="list-style-type: none"><li>• Color: Cool Grey</li><li>• Total body movement</li><li>• For use seated or wheelchair</li><li>• Therapist assist pedals on seat base</li><li>• Adjustable swivel seat</li><li>• Adjustable crank and pedal arms</li><li>• Bi-directional resistance</li><li>• Low 6 watt starting resistance</li><li>• 1-20 levels in .1 increments provide 200 levels</li><li>• Iso-Strength resistance</li><li>• Wireless heart rate</li><li>• 450 lb user weight capacity</li><li>• 218 lb. unit weight</li><li>• 60" L x 30 " W x 77" H</li></ul>	6,204.00	1	\$6,204.00

Comments:

Subtotal:

**\$6,204.00**

Proposal includes delivery and assembly.

Freight, Delivery and Install:

**650.00**

Proposal includes dealer discount pricing.

Tax:

**480.81**

**Total:**

**\$7,334.81**



## advanced exercise

### Terms & Conditions

**Terms:** All new customers are required to pay 50% down and balance due prior to install. Residential customers, personal trainers, and orders for resale, require 100% payment before the order can be placed. All other terms and credit lines are subject to credit approval. Invoice will be due and payable, based on the original requested installation date, unless Advanced Exercise is notified in writing 60 days prior to the requested installation date with a change of the installation date. We accept checks, money orders, ACH and credit cards (under \$2000). A late payment fee will be assessed at a rate of 1.5% (18% annual) per month on any unpaid balance remaining 30 days after the due date. **Special Orders:** A 100% prepayment is required for all customized products including but not limited to custom colors, sports flooring and products with logos such as plates, dumbbells and platforms.

**Return Policy:** Any returns require approval in writing by Advanced Exercise Project Management. A minimum 25% restocking fee, plus freight, will be incurred for all non-custom products returned. Customized products are nonreturnable. All products with color choices are defined as custom products.

**Bolt Down Requirements:** Life Fitness recommends that all strength training equipment be secured to the floor in order to prevent tipping, rocking or displacement which might occur in the event of unanticipated use of the equipment. Life Fitness requires that certain strength training equipment (specifically the Synrgy 360 90, T, XS, XM, HD Elite Half Rack/Short Base, Athletic Series Rigs, Athletic Series Racks with Wing option, Cybex PWR Play, Synrgy Outdoor BlueSky and other products to be used for body weight strap training) be secured to the floor. In the case of Synrgy 360S, T, XS, XM and the Elite HD Half Rack Short Base, the customer acknowledges:

- Customer has determined the proper placement of the equipment to be secured. **Customer Initial** \_\_\_\_\_
- Customer has identified and informed Advanced Exercise of the location of any utility, service lines, including but not limited to post tension cables. It is the customer's responsibility to identify the locations of any cables or lines prior to installation.

**Customer Initial** \_\_\_\_\_

- Customer has confirmed that the subfloor consists of no less than 4.0 inches of concrete. **Customer Initial** \_\_\_\_\_
- Customer has obtained any and all consents to the drilling of holes in the flooring and subflooring. **Customer Initial** \_\_\_\_\_

If your order includes any of the equipment requiring bolting to the floor, initials are required above and an additional signed waiver will be required to place the order. Additional products may require bolting to the floor, wall or ceiling. Bolting is not included on these products unless otherwise noted on the quotation. Customer is responsible for bolting these products to meet the manufacturer's requirements. This includes TRX, Core Energy, Boxing mounts and other products that require bolting to the facility structure.

**Wall & Ceiling Attached Items:** The installation of any items such as TRX Multi Mounts., X Mounts, Wall Mat Racks, etc. that require bolting to walls or ceilings are not included in the proposal unless otherwise noted.

**Flooring Installation:** Refer to the product specifications to ensure that the sub floor meets the material installation requirements. Freight offloading, inside delivery, adhesive, moisture tests, moisture reducers, base boards, sub floor prep, sub floor cleaning, transition strips and existing floor removal and disposal are not included unless otherwise noted on the quotation.

**Storage:** We reserve the right to assess storage fees not to exceed 1.5% per month, or fraction thereof and request payment in full on the related customer's invoice, when a customer's original requested delivery date is delayed by circumstances beyond our control.

**Taxes:** We collect sales or use taxes only in jurisdictions where we are licensed to do so. Customer agrees to accept sole liability and responsibility to pay for any and all uncollected sales or use tax liabilities, related penalties and interest that arise as a result of the purchase of products and/or services from our company.

**Security:** Until all products are paid in full, customer hereby grants to, and Advanced Exercise shall retain, a security interest in and lien on all products sold to the customer.

I accept the terms and conditions of this quote.

**Signature:** \_\_\_\_\_

**Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Customer Requested Install Date:** \_\_\_\_\_