

Please check Self-Service at <https://selfservice.gcccd.edu/Student/Courses> for course changes (added/cancelled sections, room changes, instructor changes, etc.)

CUYAMACA COLLEGE

Spring 2026 Intersession Courses

January 5, 2025 through January 31, 2025
As of October 23, 2025

Important class offering information for the fall semester:

Grossmont-Cuyamaca Community College District will be adopting new course numbers and titles beginning Fall 2025 as part of Phase I of the Common Course Numbering project. These changes will appear across the schedule, catalogs, and other college publications, affecting the following courses:

Common Course Number (CCN)	Former Course Number	Effective
ENGL C1000 Academic Reading and Writing	ENGL 120 College Composition & Reading	Fall 2025
ENGL C1001 Critical Thinking and Writing	ENGL 124 Advanced Composition: Critical Reasoning	Fall 2025
COMM C1000 Introduction to Public Speaking	COMM 122 Public Speaking	Fall 2025
STAT C1000 Introduction to Statistics	MATH 160 Elementary Statistics	Fall 2025
POLS C1000 American Government and Politics	POSC 121 Intro to U.S. Govt & Politics	Fall 2025
PSYC C1000 Introduction to Psychology	PSY 120 Introductory Psychology	Fall 2025

Please see <https://www.gcccd.edu/ccn/index.php> for more information on common course numbering.

ART

- # **ART-100 Art Appreciation 3.0**
Learn how art influences your life.
- S 1685 TBA WEB-WEB C.Lewallen Jan 05-Jan 31
Online course; 52.5 total instructional hours. Familiarity with computers and Internet required.
-  *LTC* Low Textbook Cost section: The total cost of books, textbooks, and/or other instructional resources for this course does not exceed \$40.
- S 4927 TBA WEB-WEB O.Montano Jan 05-Jan 31
Online course; 52.5 total instructional hours. Contact omar.montano@gcccd.edu. Familiarity with computers, Internet required.

BUSINESS

- BUS-125 Business Law 3.0**
- S 6742 TBA WEB-WEB J.Rettinger Jan 05-Jan 31
Online course; 52.5 total instructional hours. Familiarity with computers, Internet required. Email instructor with questions.
-  *ZTC* Zero Textbook Cost section: This course does not require purchase of a textbook and may use free Open Educational Resources (OER) or free textbook alternatives.
- BUS-128 Business Communication 3.0**
Prerequisite: "C" grade or higher or "Pass" in ENGL C1000 or ESL 122 or equivalent
- S 6744 TBA WEB-WEB M.Aubry Jan 05-Jan 31
Online course; 52.5 total instructional hours. Familiarity with computers, Internet required. There are no mandatory meetings however students must be able to make a presentation online; details will be posted in syllabus. Email michael.aubry@gcccd.edu with questions.

~ Satisfies California General Education Transfer Curriculum (Cal-GETC)
Satisfies Cuyamaca College General Education (includes Graduation Requirement)
S Denotes short-term class



ZTC Section uses free materials.



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COMMUNICATION

#	COMM-110	Intro to Mass Communication	3.0	
S	8248 TBA	WEB-WEB K.Togerson	Jan 05-Jan 31	Online course; 52.5 total instructional hours. Familiarity with computers, Internet required.
		*ZTC* Zero Textbook Cost section: This course does not require purchase of a textbook and may use free Open Educational Resources (OER) or free textbook alternatives.		
#	COMM-120	Interpersonal Communication	3.0	
S	1922 TBA	WEB-WEB C.Pearson	Jan 05-Jan 31	Online course; 52.5 total instructional hours. Familiarity with computers, Internet required.
S	1945 TBA	WEB-WEB T.Romero	Jan 05-Jan 31	Online course; 52.5 total instructional hours. Familiarity with computers, Internet required.
		*ZTC* Zero Textbook Cost section: This course does not require purchase of a textbook and may use free Open Educational Resources (OER) or free textbook alternatives.		
#~	COMM-C1000	Introduction - Public Speaking	3.0	
S	0171 09:30AM-12:00PM	MTWTHF B-253 B.O'Donnell	Jan 05-Jan 31	Section 0171 will meet MTWTHF 9:30am-12:00pm in B-253.
		*ZTC* Zero Textbook Cost section: This course does not require purchase of a textbook and may use free Open Educational Resources (OER) or free textbook alternatives.		

COUNSELING

	COUN-120	College and Career Success	3.0	
S	8444 TBA	WEB-WEB C.Morrin	Jan 05-Jan 31	Online course; 52.5 total instructional hours. Familiarity with computers, Internet required. Visit www.cuyamaca.edu/faculty-directory/cindy-morrin/ for more information, questions, and your instructor contact.
		*ZTC* Zero Textbook Cost section: This course does not require purchase of a textbook and may use free Open Educational Resources (OER) or free textbook alternatives.		

CENTER FOR WATER STUDIES

	CWS-206	Advan Electric & Instr Process	3.0	
	Prerequisite: "C" grade or higher or "Pass" in CWS 106 or equivalent			
S	0569 TBA	WEB-WEB C.Palechek	Jan 05-Jan 31	Online course; 52.5 total instructional hours. Familiarity with computers, Internet required. Email carlton.palechek@gcccd.edu with questions.
		*ZTC* Zero Textbook Cost section: This course does not require purchase of a textbook and may use free Open Educational Resources (OER) or free textbook alternatives.		

EXERCISE SCIENCE

	ES-248	Conditioning for Athletes	1.0	
	\$17.50 insurance fee due at registration.			
S	4895	07:00AM-07:50AM TWTHF D-205 T.Hunt	Jan 05-Jan 31	08:00AM-08:50AM TWTHF D-205
	Designed for Men's and Women's Cross-Country Athletes.			
S	6675	11:00AM-01:15PM MW SCGC-SCGC J.Klein	Jan 05-Jan 31	01:25PM-03:40PM MW SCGC-SCGC
	Designed for Men's and Women's Intercollegiate Golf. Meets at the Steele Canyon Golf Club, 3199 Stonefield Dr., Jamul, CA 91935. Students must bring their own golf clubs.			

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ES-271 Fitness Walking w/Children 1.0
 S 4163 TBA WEB-WEB S.Nordquist Jan 05-Jan 17
 Online course; 17.5 total instructional hours. Familiarity with computers and Internet required.

HEALTH EDUCATION

HED-120 Personal Health and Lifestyles 3.0
 S 4179 TBA WEB-WEB L.Hollands Jan 05-Jan 31
 Online Course; 52.5 instructional hours. Familiarity with computers, Internet required. Instructor contact information lucinda.hollands@gcccd.edu.



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HED-202 Health Professions & Org 3.0
 S 2921 TBA WEB-WEB P.Thiss Jan 05-Jan 31
 Online course; 52.5 total instructional hours. Familiarity with computers, Internet required.

HED-204 Health and Social Justice 3.0
 S 1537 TBA WEB-WEB S.Herrin Jan 05-Jan 31
 Online course; 52.5 total instructional hours. Familiarity with computers, Internet required.



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HISTORY

HIST-100 Early World History 3.0
 Study of ancient societies and cultures from historical beginnings to 1500.
 S 4351 TBA WEB-WEB P.Utgaard Jan 05-Jan 31
 Online course; 52.5 total instructional hours. Familiarity with computers, Internet required.

HIST-108 Early American History 3.0
 Exploration of early U.S. history from settlement through the Civil War.
 S 0544 TBA WEB-WEB STAFF Jan 05-Jan 31
 Online course; 52.5 total instructional hours. Familiarity with computers, Internet required.

HUMANITIES

HUM-110 Principles of the Humanities 3.0
 S 3138 TBA WEB-WEB L.Aguilera Jan 05-Jan 31
 Online course; 52.5 total instructional hours. Familiarity with computers, Internet required.



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NUTRITION

NUTR-155 Introduction to Nutrition 3.0
 S 1449 TBA WEB-WEB D.Pauls Jan 05-Jan 31
 Online course; 52.5 total instructional hours. Familiarity with computers, Internet required.



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POLI SCI-POLS C1000/POSC 121

#~ **POLS-C1000 American Gov & Politics 3.0**
S 0217 TBA WEB-WEB J.Franco Jan 05-Jan 31
Online course; 52.5 total instructional hours. Familiarity with computers, Internet required.



ZTC Zero Textbook Cost section: This course does not require purchase of a textbook and may use free Open Educational Resources (OER) or free textbook alternatives.

PSYCHOLOGY-PSYC C1000/PSY 120

#~ **PSYC-C1000 Introduction to Psychology 3.0**
Advisories/Recommended Preparation: Eligibility for college-level writing (C-ID ENGL 100) and reading (a course with an existing skill of ability to read a college level text)
S 0139 TBA WEB-WEB S.Weinert Jan 05-Jan 31
Online course; 52.5 total instructional hours. Familiarity with computers, Internet required.



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