

**CUYAMACA COLLEGE**  
**COURSE OUTLINE OF RECORD**

**Sociology C1000 – Introduction to Sociology**

3 hours lecture, 3 units

**Catalog Description**

This course introduces students to Sociology: the study of people, groups, and institutions that shape people's lives. Through a mix of theory, research, and real-world examples, students explore key sociological concepts like culture, inequality, power, collective action, and social change. With content reflecting diverse histories and lived experiences, students make connections between their lives and the social forces that influence individual opportunities and choices. Students in this course will develop a critical lens that allows them to better understand and transform themselves and society.

Formerly SOC 120. Not open to students with credit in SOC 120.

**Prerequisite**

None

**Course Content****Part 1:**

1. The Sociological Imagination
2. Sociological Theories and Paradigms
  - a. Classical Theories including Structural Functionalism, Conflict Theory, and Symbolic Interactionism
  - b. Contemporary Theories (such as Feminist Theory, Intersectionality, Queer Theory, Racial Formation Theory, and Social Exchange Theory)
3. Sociological Research
  - a. Qualitative Methods
  - b. Quantitative Methods
  - c. Ethical Considerations
4. Society and Culture
5. Socialization and the Self
6. Social Structure: Groups and Organizations
7. Conformity, Deviance, and Social Control
8. Stratification, such as:
  - a. Class and Socioeconomic Status
  - b. Race and Ethnicity
  - c. Sex, Gender, and Sexuality
  - d. Age
  - e. Disability
  - f. Global
9. Social Institutions, such as:
  - a. Family
  - b. Education
  - c. Mass Media
  - d. Religion
  - e. Health and Medicine
  - f. Economy and Work
  - g. Politics and Government

- h. Criminal Justice System
- 10. Social Dynamics, such as:
  - a. Population
  - b. Urbanization
  - c. Globalization
  - d. Environment
  - e. Science and Technology
- 11. Social Movements and Change

### **Course Objectives**

#### **Part 1:**

At the conclusion of this course, the student will be able to:

1. Define and apply the sociological imagination to everyday life.
2. Compare a variety of major sociological theories and concepts and apply them to socially-constructed dynamics.
3. Explain what makes sociology a social/behavioral science and the methods sociologists use to ethically conduct research.
4. Analyze the origins and processes of social inequality, systemic oppression, and social change using an intersectional approach.
5. Identify and evaluate the social forces and structures that shape, guide, and influence individual and group behaviors in society.

#### **Part 2:**

- 1) Appraise the range of cultural variability in human societies.
- 2) Develop critical thinking and writing skills that demonstrate the ability to understand and analyze social phenomena.

### **Method of Evaluation**

#### **Part 1:**

Methods of formative and summative evaluation used to assess course outcomes and objectives may include, but are not limited to, academic writing and analysis, reflections, participation and discussion, service learning, project-based learning, research, presentations, field journals, quizzes, and/or exams.

Methods of evaluation and appropriate representative assignments will be determined at the discretion of local faculty.

#### **Part 2:**

A grading system will be established by the instructor and implemented uniformly. Grades will be based on demonstrated proficiency in subject matter determined by multiple measurements for evaluation, one of which must be essay exams, skills demonstration or, where appropriate, the symbol system. At least one measurement for evaluation must be a written assignment.

- 3) Formative or summative quizzes and exams
- 4) Group or individual projects, presentations, or research papers that require students to use multiple sociological theories to analyze current issues
- 5) Interactive group activities, in which students analyze, discuss and draw conclusions about social psychology.
- 6) Field-based exercises to report experience, research, and methodology of sociological studies.
- 7) Written assignments (short answers or essays) in which students analyze controversial issues and their implications on society.
- 8) Students are expected to write a minimum of 1,250 words as part of the writing portion in the course.

### **Special Materials Required of Student**

- 1) None

**Minimum Instructional Facilities**

- 1) Smart classroom

**Method of Instruction**

- 1) Lecture
- 2) Small and large group discussions
- 3) Group activities
- 4) Multimedia presentations

**Out-of-Class Assignments**

- 1) **Reading:** course material; other course related multimedia.
- 2) **Writing:** short writing assignments; field-based exercises.
- 3) **Other:** N/A.

**Representative Texts, Manuals, OER, and Other Support Materials****Part 1:**

Textbook choice is at the discretion of faculty. Texts and course materials will be in accessible format. Priority will be given to OER or low-cost materials where possible. Examples of texts include, but are not limited to:

- Conerly, T., Holmes, K., Tamang, A., et al. (2024). Introduction to Sociology 3e. OER:OpenStax.
- Khan, S., Sharkey, P., & Sharp, G. (2024). A Sociology Experiment. 3rd ed.: CritReview.
- Henslin, J. (2024). Sociology: A Down-to-Earth Approach. 15th ed.: Pearson.
- Wade, L. (2025). Terrible Magnificent Sociology. 2nd ed.: Norton.

May also include supplementary materials such as primary sources or readers.

- 1) Supplemental: None

**Student Learning Outcomes**

Upon successful completion of this course, students will be able to:

- 1) Apply the major theoretical perspectives in sociology to information and real experiences.
- 2) Identify, explain and apply the principles of social scientific research methodology.
- 3) Appraise the range of cultural variability in human societies.
- 4) Explain inequalities of class, race, ethnicity, gender, and age in modern and pre-modern societies in sociologically terms.