Cuyamaca College Student Forum

Moderated by: Dr. Jessica Robinson, Vice President Student Services

and

Kyrie Macogay, Associated Student Government President



C U Y A M A C A · C O L L E G E ·

Presenters

- Message from your Associated Student President: Kyrie Macogay
- Tips for Transitioning to Online Learning: Moriah Gonzalez-Meeks
- A Message from Faculty: Dr. Josue Franco
- Overview of Online Student Service Resources: Dr. Jessica Robinson
- ✤General Counseling: Osvaldo Torres
- Personal Counseling: Marc Pescadera
- Cuyamaca Cares: Kaylin Rosal
- Questions & Answers

Message from your Associated Student President

Kyrie Macogay



C U Y A M A C A · C O L L E G E ·

Switching to Remote Learning

- Take an inventory
- Use school resources
- Make a schedule
- Connect with a classmate or family member
- Communicate with instructors
- Check email and Canvas regularly
- Attend Zoom class meetings
- Create an ideal workspace/place
- Don't hold yourself (or others) to unrealistic expectations

Tips From Faculty

Moriah Gonzalez-Meeks

Chair, Department of History, Humanities, and Philosophy

Student Success and Equity Coordinator



Tips From Faculty

"With you every step of the way"

Dr. Josue Franco, Assistant Professor of Political Science



C U Y A M A C A • C O L L E G E •

Student Services Resources

Dr. Jessica Robinson, Vice President Student Services

Financial Aid & Scholarships

Check your financial aid status through <u>WebAdvisor</u>.

Submit financial aid documents by following our process for <u>emailing the Cuyamaca Financial Aid office</u>.

The deadline to submit the Cuyamaca College Scholarship Application for Fall has been extended to June 5, 2020. Visit the <u>Cuyamaca College Scholarship Webpage</u> to apply.

Admissions & Records

- Contact <u>Admissions.Cuyamaca@gcccd.edu</u> to connect with staff who can assist you quickly. If able, send electronic copies of official transcripts when sending records from other institutions.
- The deadline to elect for P/NP grading option has been extended to 6/1/2020.

<u>Tutoring</u>

Tutoring is now online! Visit the Learning Assistance website to book a Zoom appointment. Online tutoring is also available through NetTutor. A wide variety of subjects are available, 24/7. Learn more about NetTutor on the Learning Assistance website.

See our <u>Zoom for Students page</u> for help using Zoom.

Student Services Resources (continued)

Dr. Jessica Robinson, Vice President Student Services

Student Affairs

Commencement will be held online.

Upcoming student activities will be offered remotely such as the <u>Middle Eastern Heritage Month</u>.

Veterans Center

- Available via email at <u>cuyamaca.veterans@gcccd.edu</u> to answer questions regarding benefits, certification, services and resources.
- Email <u>Debra Ayers</u> If you have any changes or questions regarding current enrollment.

Pathway Academy

- All counseling and general program information can be conducted online or via phone. To access services, students will find instructions <u>here</u>.
- Pathway Academy has created a <u>Canvas</u> shell which allows students to book counseling appointments, receive program notices, provide access to campus resources remotely, and request support services.

Student Services Resources (continued)

Dr. Jessica Robinson, Vice President Stu dent Services

EOPS/CARE/Next UP/UP/RISE

All counseling and general program information can be conducted online or via phone. To access any of these services, email: <u>Cuyamaca.eopscounter@gcccd.edu</u>

<u>DSPS</u>

All counseling and general program information can be conducted online or via phone. To access any of these services, email: <u>Cuyamaca.dsps@gcccd.edu</u>

DSPS High Tech Center

For questions regarding the DSPS High Tech Center email: <u>cuyamaca.dsps.htc@gcccd.edu</u>

<u>CalWORKs</u>

All counseling and general program information can be conducted online or via phone. To access any of the above services, email: <u>Cuyamaca.calworks@gcccd.edu</u>

For more information on any services for students please visit our virtual campus microsite at: <u>https://www.cuyamaca.edu/covid19/</u>

General Counseling Services

Osvaldo Torres, Counselor

WE'RE HERE FOR YOU CUYAMACA COUNSELING SERVICES Going Remote

During this time that our campus is closed, counselors will be available to assist students through the following methods:

* e-COUNSELING Submit brief questions to be answered

* VIRTUAL DROP-IN Enter a virtual waiting room to speak/chat with a counselor in live, real-time

* ONLINE APPOINTMENTS Video conferencing through Zoom (must be scheduled through one of the above methods)



To access our remote counseling services, please visit https://www.cuyamaca.edu/covid19 under "STUDENT RESOURCES"

Personal Counseling

Marc Pescadera, Personal Counselor

What we offer

- Telehealth counseling sessions by phone or Zoom for students who have previously filled out a consent form (individual or group sessions), as well as to students who are now able to fill out a consent form digitally.
- ✤ Referrals to outside counseling services and other case management needs.
- Times available for students to speak with counselors are Tuesday 9am-3pm, Thursday 9am-5pm, and Friday 9am-3pm.

Personal Counseling (Continued)

Marc Pescadera, Personal Counselor

Resources

- Students can connect with personal counselors to set up a personal counseling session and/or for help with case management by
 - emailing <u>cuyamacahealthandwellness@gmail.com</u>.
- The San Diego Access and Crisis Line remains available at: (888) 724-7240
- Students can also text a Crisis Counselor by texting HOME to 741741
- ✤ For additional resources please visit our <u>online resource guide</u>.

Cuyamaca Cares

Kaylin Rosal, Cuyamaca Cares Coordinator

Emergency Fund

- Our <u>Emergency Fund</u> application is now available online.
- The amount available per student has been changed to \$250 in order to meet the unprecedented need for assistance.
- Students will still receive follow-up emails with additional financial resources when available.

Community Resources

- Students can access <u>community resources</u> for food banks, diaper distributions, housing resources, and additional emergency assistance funds. Resources are listed on the <u>Cuyamaca</u> <u>Cares</u> webpage and will be sent via email to those expressing a need.
- The Care Fair will continue virtually as a collection of community organizations, contact information, services, and eligibility information.

Questions & Answers

If you have any further, questions please email: Dr. Jessica Robinson at: jessica.robinson@gcccd.edu