

CUYAMACA COLLEGE
COURSE OUTLINE OF RECORD

CHILD DEVELOPMENT 101 – PARENT EDUCATION

1 hour lecture, 1 unit

Catalog Description

This course is primarily designed for parents of children enrolled in the Cuyamaca College Child Development Center. Includes an overview of child development principles and an exploration of the role of parents in supporting the development of their children. Provides guidance in effective parenting strategies reflecting family and cultural beliefs.

Prerequisite

None

Course Content

- 1) Orientation to the Child Development Center program and policies
- 2) Principles of health and safety in a child's home and in the early childhood classroom
- 3) Techniques of observing and recording children's behavior
- 4) Factors in self-esteem as a parent
- 5) Ways of enhancing physical, social, emotional and cognitive development in young children
- 6) How to support school readiness in young children
- 7) Time management strategies for families
- 8) Appropriate guidance and prevention of child abuse
- 9) Helping children deal with crises including divorce, death, hospitalization and violence

Course Objectives

Students will be able to:

- 1) Identify, discuss and evaluate effective parenting techniques based on lecture and text material.
- 2) Apply appropriate effective guidance strategies to specific scenarios and situations.
- 3) Analyze the factors that are related to positive parenting based on lecture and text material.
- 4) Evaluate and discuss the interrelationship of physical, social, emotional, cognitive, cultural and creative development in young children based on observation and lecture material.
- 5) List and discuss the factors that facilitate learning in young children based on observation and lecture material.

Method of Evaluation

A grading system will be established by the instructor and implemented uniformly. Grades will be based on demonstrated proficiency in subject matter determined by multiple measurements for evaluation, one of which must be essay exams, skills demonstration or, where appropriate, the symbol system.

- 1) Written observations of children that require students to identify, describe and evaluate effective parenting and guidance techniques in specific classroom and home settings.
- 2) Activities that measure students' ability apply the factors related to positive parenting, learning in young children, and the interrelationship of physical, social, emotional, cognitive, cultural, and creative development in young children.
- 3) Written exams that measure students' ability to identify, analyze and apply effective parenting techniques, health and safety issues, and the factors that facilitate learning in young children.

Special Materials Required of Student

Access to Internet

Minimum Instructional Facilities

Child Development Center

Method of Instruction

- 1) Directed observations
- 2) Lecture and discussion
- 3) Small group activities
- 4) Journals and reaction cycles

Out-of-Class Assignments

- 1) Assigned text and article readings
- 2) Regular journal entries
- 3) Directed observations

Texts and References

- 1) Required (representative example): Brooks, Jane. *The Process of Parenting*. 9th edition. McGraw-Hill, 2012.
- 2) Supplemental: None

Student Learning Outcomes

Upon successful completion of this course, students will be able to:

- 1) Describe the developmental stages and needs of young children.
- 2) Apply the principles and strategies of good discipline and guidance to specific interactions with young children.