

CUYAMACA COLLEGE
COURSE OUTLINE OF RECORD

CHILD DEVELOPMENT 116 – PARENT EDUCATION II

1 hour lecture, 1 unit

Catalog Description

Primarily designed for parents of children enrolled in the Child Development Center. This course builds on the basic foundation of child development principles and explores the role of parents in supporting the development of their children. Guidance techniques and effective parenting skills will be emphasized.

Prerequisite

None

Course Content

- 1) Review of the Child Development Center program and policies
- 2) Specific techniques for observing and recording children's behavior
- 3) The styles of parent-child interaction
- 4) Effects of temperament, and environment on behavior
- 5) Gardner's Multiple Intelligences and diverse learning styles
- 6) Guidance techniques and positive parenting skills

Course Objectives

Students will be able to:

- 1) Identify and discuss effective parenting techniques based on lecture and text material.
- 2) Apply appropriate effective guidance strategies to specific scenarios and situations related to temperament and style.
- 3) Describe factors related to positive parenting including anger management, self esteem, and helping children deal with life stresses.
- 4) List and discuss the factors that facilitate social development in young children.
- 5) Determine family members' temperament and styles of interaction.

Method of Evaluation

A grading system will be established by the instructor and implemented uniformly. Grades will be based on demonstrated proficiency in subject matter determined by multiple measurements for evaluation, one of which must be essay exams, skills demonstration or, where appropriate, the symbol system.

- 1) Written observations and assessments of themselves and of children that require students to identify and describe temperament and styles of interaction.
- 2) Activities and presentations that measure students' ability to evaluate the factors related to positive parenting, self esteem, and children's social development.
- 3) Written exams that measure students' ability to identify effective parenting techniques and other factors that support social development in young children.

Special Materials Required of Student

Access to Internet

Minimum Instructional Facilities

Child Development Center

Method of Instruction

- 1) Directed observations
- 2) Lecture and discussion
- 3) Individual and small group activities

Out-of-Class Assignments

- 1) Assigned text and article readings
- 2) Observation and analysis of child behaviors
- 3) Individual content-specific projects

Texts and References

- 1) Required: (representative examples): Brooks, Jane B. *The Process of Parenting*. McGraw-Hill, 2012.
- 2) Supplemental: None

Student Learning Outcomes

Upon successful completion of this course, students will be able to:

- 1) Identify and analyze one's own parenting style and practices.
- 2) Apply course content on temperament and learning intelligences to one's own parenting styles and practices.