

**CUYAMACA COLLEGE**  
**COURSE OUTLINE OF RECORD**

**PERSONAL DEVELOPMENT–SUCCESS SERVICES 096 – COGNITIVE COMMUNICATION SKILLS AND STRATEGIES**

1 hour lecture, 1 unit

**Catalog Description**

Students with cognitive communication deficits will receive specialized instruction in attention, concentration, thought organization, memory strategies, social pragmatics skills, organization and time management skills, and maximizing related communication skills. The course emphasizes the development of skills and functional compensatory strategies to enhance disabled students' opportunities for academic success. *May be taken for a maximum of 4 units. Pass/No Pass only. Non-degree applicable.*

**Prerequisite**

None

**Course Content**

Based on the student's identified learning needs, various learning strategies will be introduced and implemented. These strategies include:

- 1) Definition and identification of individualized cognitive communication strengths and weaknesses.
- 2) Development and maximization of cognitive communication skills.
- 3) Cognitive communication compensatory strategy training.

**Course Objectives**

Students will be able to:

- 1) Describe internal and external memory strategies.
- 2) Apply strategies for increasing attention and concentration.
- 3) Develop strategies for improved organization.
- 4) Identify methods to maximize listening strategies.
- 5) Practice reading and writing strategies.
- 6) Examine speech and voice strategies.
- 7) Use strategies for optimal verbal expression of ideas.
- 8) Differentiate between strategies for interpersonal social skills.
- 9) Utilize problem solving strategy methods.
- 10) Apply self-advocacy strategies.
- 11) Independently complete weekly assignments, compile final portfolio project on strategies for college success.

**Method of Evaluation**

A grading system will be established by the instructor and implemented uniformly. Grades will be based on demonstrated proficiency in the subject matter determined by multiple measurements for evaluation, one of which must be essay exams, skills demonstration or, where appropriate, the symbol system.

- 1) Written and/or oral quizzes that measure the student's ability to list and describe cognitive communication skills and strategies.
- 2) Written and/or demonstrated exercises that measure the student's application of strategies to improve cognitive communication skills.

- 3) Prepare and organize a portfolio that includes completed exercises and projects that demonstrate the student's identification of cognitive communication strengths, weaknesses, and individually selected functional compensatory strategies towards maximizing academic and life goals.
- 4) Written and/or verbally presented summary and analysis of the student's plan for continued application of functional cognitive communication strategies.

**Special Materials Required of Student**

None

**Minimum Instructional Facilities**

Smart classroom

**Method of Instruction**

- 1) Integrated classroom lecture, discussion, demonstration
- 2) Small and large group discussion
- 3) In-class activities and independent homework assignments
- 4) Guest speakers
- 5) Individual instruction

**Out-of-Class Assignments**

- 1) Weekly handout packet highlighting, checklists, fill-in, essay, quizzes, paragraphs, lists, graphic organizers, and other written work as assigned by instructor
- 2) Weekly homework assignments
- 3) Final portfolio project
- 4) Summary and analysis

**Text and References**

- 1) Required: Course materials provided by instructor
- 2) Supplemental: None

**Student Learning Outcomes**

Upon successful completion of this course, students will be able to:

- 1) Identify cognitive communication skills and describe effect of limitations based on completed evaluation of selection through student inventory.
- 2) Independently identify and demonstrate application of cognitive communication compensatory strategies functionally during specific projects and exercises.