

Culture

& Community Circle

SPRING SEMESTER 2022

Online Workshops

February 2022

B.L.A.C.K. (Bestowing Love and Achievement Culture and Knowledge)

February 1, 2022 | 12:00 to 1:00 pm

Presented by: Personal Counselors
(Darren Wilson, Dawn Freeman, and Abubabker Haji)
This interactive workshop provides a discussion space for students to reflect on, honor, and celebrate Black history. Students will have the opportunity to reflect on the current events impacting the Black community and its impact on mental health within the Black community.

Zoom Link:

<https://cccconfer.zoom.us/j/9pdemprjwsHt0za66r2aMIDs3Q6A4wffqK>

The Sounds of Blackness College Hour Program

February 9, 2022 | 11:00 am to 12:30 pm

(Event will be live-streamed from the Cuyamaca College Theater)

Presented by:

Kendrick Dial, Brisa Lauren, and the Lyrical Groove
Walking through history with Black Music.

This presentation will explore notable moments in Black History utilizing original songs through a live performance.

<https://youtu.be/-QudJp06P8>

Open Mic

February 16, 2022 | 2:00 to 3:00 pm

Presented by: Karen Marrujo

Come celebrate the power of our individual voices. Share your work or interests by taking the mic or just drop in to listen or make new friends.

ZOOM Link:

https://cccconfer.zoom.us/j/9DgkLnMr_nOtfkkk2YP_job

Black History Month

During Black History Month (February) we celebrate the cultures, contributions, history, and resilience of Black and African American communities. National celebrations of Black history began almost 100 years ago in 1926 through the efforts of historian Dr. Carter G. Woodson. Month long celebrations began almost 50 years ago in 1976 as a result of advocacy by the Association for the Study of African American Life and History.

Barriers to being a First Generation Black College Student

February 17, 2022
9:30 to 10:30 am

Presented by: Halima Eid & Kenisha Wilson
This workshop will address various issues Black students face such as: Imposter syndrome and how it leads to self sabotaging, perfectionism, anxiety and depression among other problems.

ZOOM Link:

<https://cccconfer.zoom.us/j/9wrcu6vpz4jH9BkiGDzkaCWjAURyH55PnHx>

In His Words: Dissecting Truth, Justice and Martin Luther King Jr.

February 23, 2022
11:00 am to 12:00 pm

Presented by: Yaa Faraji, Los Angeles-based screenwriter, spoken word, poet, and author
A tailored multimedia presentation and poetry performance discussing the legacy and oration of Dr. Martin Luther King Jr.

ZOOM Link:

<https://cccconfer.zoom.us/j/9mVg9YPaA7nw2cCmXBvsxQ-hfhE>

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African American Soldiers in the Philippine American War (1899 -1902)

February 25, 2022 | 10:00 to 11:00 am

Presented by: James Diokno

This workshop will present on the experience of African Americans during the Philippine American War (1899 - 1902). The Philippine American War was one the United States' first large-scale imperialist interventions and is often seen as highly driven by race. This presentation will explore examples of how African Americans in the US military and how the larger African American community viewed this war and the racialized national conversations taking place at that time and how those themes continue today.

Zoom Link:

<https://cccconfer.zoom.us/j/9dO2gpjgJE9c7AxdKfPzEFyV7HBXImQu>

Mental Health Stigma in the Black Community

February 28, 2022 | 12:00 to 1:00 pm

Presented by: Halima Eid & Kenisha Wilson

This workshop will be an interactive discussion regarding mental health stigmas in the Black community; specifically addressing lack of mental health resources, the possibility of harmful effects of seeking Black excellence and commonly misdiagnosed mental health challenges.

ZOOM LINK:

<https://cccconfer.zoom.us/j/9jHdLhkB6KRqF6bIKg67PHV812>



Students who complete a minimum of four workshops by May 13, 2022, will receive a Diversity & Leadership co-curricular certificate and be recognized at the Associated Student Government virtual awards ceremony May 2022.

Sponsored by: Office of Institutional Effectiveness, Success and Equity,
Student Affairs and Associated Student Government.

For additional information on the Culture and Community Circle workshops, please contact Lauren Vaknin in the Student Affairs Office at (619) 660-4295.