

# Culture

# & Community Circle

FALL SEMESTER 2021

Online Workshops

November 2021

## Dia de Muertos Presentation

November 2, 2021 | 11am to 12pm

Presented by:

Karla Gutierrez and Moriah Gonzalez-Meeks  
Día de Muertos is celebrated on November 1st and 2nd and is a celebration to honor and remember our departed relatives and loved ones. The presentation focuses on the history and symbolism of the holiday and current practices.

Meeting ID: 978 3237 4736

<https://cccconfer.zoom.us/j/97832374736>

## Wellness Workshop for Veterans

November 9, 2021 | 9:30 to 10:30 am

Presented by:

Dawn Freeman and Darren Wilson

Join this workshop led by Personal Counselors and learn about mental health among veterans, the difficulties in reintegrating to civilian life, and ways that can help ease the transition.

Meeting ID: 989 4746 0024

<https://cccconfer.zoom.us/j/98947460024>

## Wellness Workshop for Veterans

November 9, 2021 | 12pm to 1pm

Presented by:

Jason Astorga and Dawn Freeman

Join this workshop led by Personal Counselors and learn about mental health among veterans, the difficulties in reintegrating to civilian life, and ways that can help ease the transition.

Meeting ID: 989 4746 0024

<https://cccconfer.zoom.us/j/98947460024>

## Native American Heritage Month

Month-During Native American Heritage Month, we celebrate the cultures, contributions, history, and resilience of Native American communities, especially that of the Kumeyaay Nation, on whose land Cuyamaca College resides.

## Veterans Week (November 8-12)

8-12)-During Veterans Week, we celebrate and honor the contributions, history, and resilience of U.S. veterans. For more information and resources, visit the [Veterans Center website](#). Happy Veterans Day!

## Transgender Awareness Week & Day of Remembrance (November 13-20)

During Transgender Awareness Week, we celebrate the contributions, history, and resilience of the Trans community. On Transgender Day of Remembrance (TDOR), we honor and remember all the transgender people whose lives were lost in acts of anti-transgender violence.

## International Day for Elimination of Violence against Women (November 25)

On the International Day for the Elimination of Violence against Women, we create awareness of the fact that violence against women occurs in the U.S. and worldwide, and that it is a human rights issue. Visit the [16 Days of Activism against Gender-Based Violence website](#) for ways to get involved and learn more.

## Making the Most of VR&E (Ch31)

November 10, 2021 | 11am to 12pm

This workshop is a comprehensive look at when and how to use VR&E (CH31) benefits for Veterans to expand your education benefits. We will have time for Q&A including detailed information on the application and how VA disability can affect this program.

Meeting ID: 972 8001 3368

<https://cccconfer.zoom.us/j/97280013368>

## VA Disability Workshop

November 9, 2021 | 2pm to 3pm

Presented by:

Allan Estrada

Learn how to file a VA disability claim, file an appeal, and establish service connection. The Student Specialist will guide you through the process and answer any questions.

Meeting ID: 934 9205 2908

<https://cccconfer.zoom.us/j/93492052908>

## Culture & Community Circle

## Vet Success

November 10, 2021 | 2pm to 3pm

Presented by:

Allan Estrada

Learn about the intersection of identities between service members and their families as Veterans, Civilians and Students through a comprehensive exploration of all three. This workshop is geared towards anyone who is military affiliated.

Meeting ID: 917 0996 0611

<https://cccconfer.zoom.us/j/91709960611>

## Veteranos & Valor: The Filipino Experience in the US Military

November 12, 2021 | 10am to 11am

Presented by: James Diokno

The Filipino community is one of the largest ethnic groups in the San Diego region. A large reason why they are here is because of the US Navy. Since the days of US Colonization of the Philippine Islands over a hundred years ago, Filipinos have been a highly visible presence in the US military. This workshop and presentation will shed light on why and how Filipinos have been an integral part of the US armed forces. Discussion will center on the role of the Philippines as a colonized territory in this phenomenon, as well as the economic factors driving this tradition.

Meeting ID: 937 1702 9788

<https://cccconfer.zoom.us/j/93717029788>



Students who complete a minimum of four workshops by May 13, 2022, will receive a Diversity & Leadership co-curricular certificate and be recognized at the Associated Student Government virtual awards ceremony May 2022.

Sponsored by: Office of Institutional Effectiveness, Success and Equity, Student Affairs and Associated Student Government.

For additional information on the Culture and Community Circle workshops, please contact Lauren Vaknin in the Student Affairs Office at (619) 660-4295.

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## Safe Zones LGBTQIA+ Ally Training

November 16, 2021 | 11am to 12pm

Presented by:

Tania Jabour, Nancy Jennings, Moriah Gonzalez-Meeks, and Agustin Orozco

The Safe Zones training program is an ally training that brings awareness of LGBTQIA+ issues and provides insight on improving campus climate.

Meeting ID: 915 4975 2332

<https://cccconfer.zoom.us/j/91549752332>

## Open Mic

November 17, 2021 | 1pm to 2pm

Presented by: Karen Marrujo

Share your voice by taking the mic or just drop in to listen or make new friends.

Meeting ID: 983 9258 1206

<https://cccconfer.zoom.us/j/98392581206>

## College Hour -

### Native American Heritage

November 17, 2021 | 4pm to 5pm

Presented by:

Stan Rodriguez and Michelle Garcia  
Join us for presentations that will focus on the history, culture, and knowledge of the Kumeyaay.

Meeting ID: 941 1208 4314

<https://cccconfer.zoom.us/j/94112084314>

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## Personal Counselors: Fall Semester Check-in

November 18, 2021 | 10am to 11am

Presented by: Personal Counselors

This workshop will provide a space for students to process their emotions regarding school related stressors. Students will be connected to campus resources and have a space to share their experiences this semester at Cuyamaca.

Meeting ID: 923 4654 0819

<https://cccconfer.zoom.us/j/92346540819>

## Voices from the Transgender Community

November 19, 2021 | 11am to 12pm

Presented by: Evan Johnson

In this workshop, Evan Johnson from TransFamily Support Services will present an introduction to Trans Day of Awareness and some of the 101 of supporting and affirming the trans and nonbinary community. After this, they will introduce a panel of transgender and nonbinary folks to share their own experiences to answer your questions in order to provide more in-depth knowledge of the concepts introduced earlier.

Meeting ID: 981 0963 8402

<https://cccconfer.zoom.us/j/98109638402>

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