

Area 1 – English Composition, Oral Communication, and Critical Thinking

Choose 2 courses, 1 from 1A and 1 from 1B; minimum of 6 semester units; minimum grade of “C” or “P”

1A: English Composition

- ENGL C1000^
- ENGL C1001^
- ESL 122

1B: Oral Communication and Critical Thinking

- COMM C1000^
- COMM C1004^
- COMM 130
- COMM 137
- COMM 145
- PHIL 125

Area 2 – Mathematical Concepts and Quantitative Reasoning

Choose 1 course; minimum of 3 semester units; minimum grade of “C” or “P”

- CS 181
- CS 182
- CS 240
- MATH 120
- MATH 125
- MATH 126
- MATH 170
- MATH 175
- MATH 176
- MATH 178
- MATH 245
- MATH 281
- MATH 284
- MATH 285
- MATH C2210^
- MATH C2220^
- PHIL 130
- PSY 215
- STAT C1000^

Area 3 – Arts and Humanities

Choose 1 course; minimum of 3 semester units

- ARAM 120
- ARAM 121
- ARAM 220
- ARBC 120
- ARBC 121
- ARBC 122
- ARBC 123
- ARBC 130
- ARBC 145
- ARBC 220
- ARBC 221
- ARBC 250
- ARBC 251
- ARBC 254
- ARBC 256
- ART 100
- ART 120
- ART 124
- ART 129
- ART 142
- ART 143
- ART 145
- ART 146
- ART 151
- ARTH C1100^
- ARTH C1200^
- ASL 120
- ASL 121
- ASL 140
- ASL 220
- ASL 221
- ENGL C1002^
- ENGL 126
- ENGL 201
- ENGL 202
- ENGL 217
- ENGL 221
- ENGL 222
- ENGL 231
- ENGL 232
- ENGL 236
- ENGL 238
- ENGL 271
- ETHN 236
- ETHN 238
- HIST 100
- HIST 101
- HIST 105
- HIST 106
- HIST 148
- HIST 157
- HUM 110
- HUM 111
- HUM 115
- HUM 116
- HUM 117
- HUM 118
- HUM 140
- HUM 155
- KUMY 116
- KUMY 117
- KUMY 118
- KUMY 120
- KUMY 121
- KUMY 220
- MUS 110
- MUS 111
- MUS 115
- MUS 116
- MUS 117
- MUS 123
- PHIL 110
- PHIL 115
- PHIL 117
- PHIL 140
- PHIL 141
- RELG 120
- RELG 135
- RELG 170
- SPAN 120
- SPAN 121
- SPAN 141
- SPAN 145
- SPAN 220
- SPAN 221
- SPAN 250
- SPAN 251
- THTR 110

Area 4 – Social and Behavioral Sciences

Choose 1 course; minimum of 3 semester units

- ANTH 120
- ANTH 140
- CD 115
- CD 131
- CD 145
- CDEV C1000^
- COMM 110
- COMM 124
- COUN 125
- COUN 135
- COUN 140
- ECON 110
- ECON C2001^
- ECON C2002^
- ES 121
- ETHN 107
- ETHN 114
- ETHN 120
- ETHN 128
- ETHN 130
- ETHN 131
- ETHN 145
- ETHN 162
- GEND 116
- GEND 117
- GEND 119
- GEOG 106
- GEOG 130
- HED 120
- HED 201
- HED 203
- HED 204
- HED 251
- HIST C1001^
- HIST C1002^
- HIST 107
- HIST 114
- HIST 115
- HIST 118
- HIST 119
- HIST 122
- HIST 123
- HIST 124
- HIST 128
- HIST 129
- HIST 130
- HIST 131
- HIST 180
- HIST 181
- KUMY 128
- KUMY 129
- KUMY 150
- KUMY 160
- KUMY 166
- KUMY 170
- NUTR 155
- NUTR 158
- POLS C1000^
- POSC 120
- POSC 124
- POSC 130
- POSC 140
- POSC 145
- POSC 147
- POSC 148
- POSC 150
- POSC 165
- POSC 166
- POSC 170
- POSC 180
- PSYC C1000^
- PSY 119
- PSY 121
- PSY 125
- PSY 132
- PSY 134
- PSY 138
- PSY 140
- PSY 150
- PSY 170
- PSY 211
- PSY 220
- RELG 175
- SOCI C1000^
- SOC 114
- SOC 125
- SOC 130
- SOC 138
- SOC 140
- SOC 150
- SW 170

Area 5 – Natural Sciences and Laboratory

Choose 1 course with a lab; minimum of 4 semester units; lab courses have an asterisk

- ANTH C1001^
- ASTR C1001^
- ASTR C1001L^^
- BIOL C1000**
- BIO 105*
- BIO 122*
- BIO 133
- BIO 134
- BIO 135*
- BIO 140*
- BIO 141
- BIO 141L*
- BIO 152*
- BIO 230*
- BIO 240*
- CHEM 102*
- CHEM 120*
- CHEM 141*
- CHEM 142*
- CHEM 231*
- CHEM 232*
- ET 110*
- GEOG 120
- GEOG 121*
- GEOL 104
- GEOL 110
- GEOL 111*
- KUMY 133
- KUMY 134
- KUMY 135*
- OCEA 112
- OCEA 113*
- PHYC 110*
- PHYC 130*
- PHYC 131*
- PHYC 201*
- PHYC 202*
- PHYC 203*

Area 6 – Ethnic Studies

Choose 1 course; minimum of 3 semester units

- ENGL 236
- ENGL 238
- ETHN 107
- ETHN 114
- ETHN 128
- ETHN 145
- ETHN 162
- ETHN 236
- ETHN 238
- HIST 107
- SOC 114

Area 7 – Lifelong Learning, Exercise Science, and Wellness

Choose 2 courses, 1 from each area; minimum of 3 semester units from 7A and 1 semester unit from 7B

7A: Lifelong Learning

- BUS 195
- CD 145
- CDEV C1000^
- CIS 110
- COUN 120
- COUN 140
- HED 120
- HED 201
- HED 203
- HED 251
- NUTR 155
- NUTR 158
- NUTR 255
- PSY 132
- PSY 134
- PSY 140
- PSY 150
- PSY 220
- SOC 125

7B: Exercise Science and Wellness

- ES 001
- ES 008ABC
- ES 009ABC
- ES 014ABC
- ES 019ABC
- ES 024ABC
- ES 028ABC
- ES 060ABC
- ES 061ABC
- ES 076ABC
- ES 155ABC
- ES 170ABC
- ES 175ABC
- ES 180
- ES 206
- ES 209
- ES 213
- ES 218
- ES 224
- ES 227
- ES 230

Important Information

- Courses may be listed in more than one area but can only be used to fulfill one area.
- General Education courses partially fulfill the requirement for an Associate degree from Cuyamaca College. Please consult with a Counselor to develop a comprehensive education plan (CEP) that includes a course of study (major), general education, and elective courses needed to complete the degree.
- Students who have been awarded a Bachelor's degree from an institutionally accredited institution have satisfied the local general education course requirements for the Associate degree.
- Courses completed at other community colleges and acceptable external examinations (e.g., AP, IB, CLEP) may be applied toward General Education requirements. Official transcripts and exam scores must be submitted for evaluation of credit.
- A ^ indicates a course is part of the Common Course Numbering (CCN) project and has been updated to a common prefix and number. Please refer to the [Common Course Numbering website](#) for additional information.
- The requirements for an Associate degree include the following:
 - A minimum of 60 semester units of degree applicable courses. The 60 units include a minimum of 18 units in a specified major plus completion of one of the General Education plans available.
 - Achievement of a "C" average (2.0 GPA) in all college work counted toward general education requirements.
 - Achievement of a "C" grade or better or a "P" in all courses counted towards a major requirement.
 - A maximum of 12 "P" semester units taken in regular course work at this institution may be counted toward the 60 semester units required for graduation.
 - Residency: Students enrolled at Grossmont Cuyamaca Community College District (GCCCD) during the semester in which they will have met all graduation requirements may obtain their degree from GCCCD if they have satisfactorily completed at least 12 degree applicable semester units at GCCCD. Credit for Prior Learning or Career Technical Preparation shall not count toward the residence requirement for graduation.
 - Major Requirements: Refer to the [Associate Degree Programs and Certificates](#) section of the College Catalog for the major requirements for the AS and AA degrees.

Disclaimer: Every effort has been made to ensure that this information is accurate and timely. However, the official college document is the Cuyamaca College Catalog. This advising sheet is a Counselor tool to be used with students.