

CUYAMACA COLLEGE
STUDENT HEALTH & WELLNESS SERVICES

**CLOSE CONTACT OR EXPOSURE OF
SOMEONE WITH COVID-19 ALGORITHM**

**WHAT TO DO
IF A STUDENT
REPORTS THE
FOLLOWING:**

**COVID-19
SYMPTOMS**




**CLOSE
CONTACT
WITH A
POSITIVE
COVID-19
INDIVIDUAL**

CLOSE CONTACT DEFINED:

- WERE WITHIN 6-FEET OF A COVID 19 POSITIVE INDIVIDUAL FOR A CUMULATIVE TOTAL OF 15 MINUTES OR MORE OVER A 24 HOUR PERIOD.
- HAD UNPROTECTED CONTACT WITH THE BODY FLUIDS OR SECRETIONS OF A POSITIVE COVID 19 INDIVIDUAL (COUGHED ON, SNEEZED ON, SHARING UTENSILS, DRINKING OUT OF SAME CONTAINER.)

COVID-19 SYMPTOMS:

FEVER, CHILLS, SORE THROAT, COUGH, RUNNY NOSE, FATIGUE, BODY ACHES, HEADACHE, SHORTNESS OF BREATH, LOSS OF TASTE OR SMELL, NAUSEA, VOMITING, DIARRHEA

SEND STUDENT HOME 
**FACULTY CONTACT HEALTH SAFETY
SPECIALIST AT 619-660-4200
OR EMAIL CUYAMACA.WELLNESS@GCCCD.EDU
STUDENT CONTACT RN  AT 619-660-4200,
ASK TO SPEAK TO A RN 
OR EMAIL CUYAMACA.WELLNESS@GCCCD.EDU**

All Guidance from SDPH is from the "Order of the Health Officer."

LINK HERE:

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Guidance-on-isolation-and-Quarantine-for-COVID-19-Contact-Tracing.aspx>

- Guidance is based on "Up to Date" vaccine status versus "Not Up to Date Vaccine status.
- All "Not Up to Date" individuals will be asked to quarantine for 5-days from the date of onset of exposure, to include a Covid-19 PCR/Antigen Test on or after day 5 of exposure. If testing negative may emerge from quarantine.
- All "Up to Date" individuals need not formally quarantine; however, take a Covid-19 PCR/Antigen Test on or after day 5 of exposure.



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