

# COPING WITH LIFE AND COLLEGE DURING COVID-19

WEEKLY | STARTING 2/23  
TUESDAYS | 1-2 PM

Zoom Link: <https://sdsu-pi.zoom.us/j/86882691196>

Feeling guilty, sad or stressed? share your experience  
and hear from others in this space.

Led by Cuyamaca Personal Counselors.



CUYAMACA CARES



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