

PERSONAL COUNSELING

CUYAMACA COLLEGE
HEALTH AND WELLNESS CENTER

Meet our Personal Counselors...



Adrian Salinas



Margarita McFadden



Jason Astorga

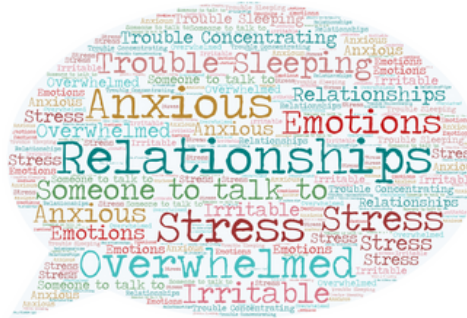
TUESDAY
9 AM - 3 PM

THURSDAY
9 AM - 5 PM

FRIDAY
9 AM - 3 PM

Our counseling sessions allow students the opportunity to explore their thoughts, feelings, values, and behavior in a confidential and healing space.

Reasons to consider counseling



SCAN QR CODE TO VISIT OUR
WEBSITE AND SCHEDULE AN
APPOINTMENT OR VISIT THE LINK
BELOW



CUYAMACA
· COLLEGE ·



CUYAMACA CARES

[HTTPS://WWW.CUYAMACA.EDU/STUDENT-SUPPORT/HEALTH-AND-WELLNESS-CENTER/MENTAL-HEALTH-COUNSELING.PHP](https://www.cuyamaca.edu/student-support/health-and-wellness-center/mental-health-counseling.php)

CALL AND LEAVE A MESSAGE
619-660-4200