

PERSONAL COUNSELING

CUYAMACA COLLEGE
HEALTH AND WELLNESS CENTER

Our counseling sessions allow students the opportunity to explore their thoughts, feelings, values, and behavior in a confidential and healing space.

SUMMER HOURS

TUESDAY

10 AM - 2 PM

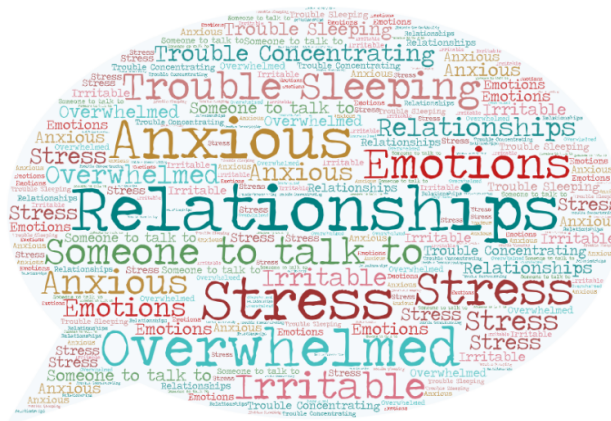
WEDNESDAY

10 AM - 4 PM

THURSDAY

10 AM - 2 PM

Reasons to consider counseling



SCAN QR CODE TO VISIT OUR
WEBSITE AND SCHEDULE AN
APPOINTMENT OR VISIT THE
LINK BELOW



CUYAMACA
COLLEGE



CUYAMACA CARES

[HTTPS://WWW.CUYAMACA.EDU/STUDENT-SUPPORT/HEALTH-AND-WELLNESS-CENTER/MENTAL-HEALTH-COUNSELING.PHP](https://www.cuyamaca.edu/student-support/health-and-wellness-center/mental-health-counseling.php)

CALL AND LEAVE A MESSAGE
619-660-4200