

PERSONAL COUNSELING

CUYAMACA COLLEGE
HEALTH AND WELLNESS CENTER

Our counseling sessions allow students the opportunity to explore their thoughts, feelings, values, and behavior in a confidential and healing space.

SUMMER HOURS

TUESDAY

10 AM - 2 PM

WEDNESDAY

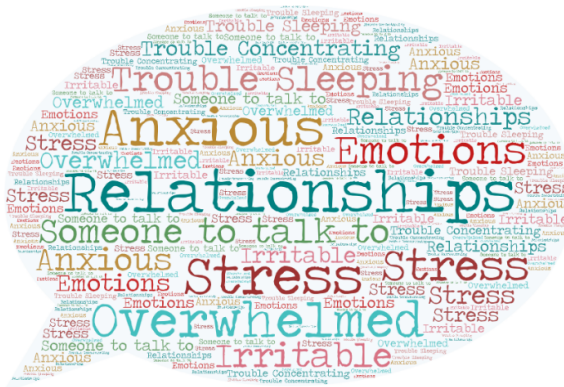
10 AM - 4 PM

THURSDAY

10 AM - 2 PM

Tuesdays and Wednesdays are virtual appointments.
In-person available on Thursdays by appointment only.

Reasons to consider counseling



SCAN QR CODE TO VISIT OUR
WEBSITE AND SCHEDULE AN
APPOINTMENT OR VISIT THE
LINK BELOW



CUYAMACA
COLLEGE



CUYAMACA CARES

[HTTPS://WWW.CUYAMACA.EDU/STUDENT-SUPPORT/HEALTH-AND-WELLNESS-CENTER/MENTAL-HEALTH-COUNSELING.PHP](https://www.cuyamaca.edu/student-support/health-and-wellness-center/mental-health-counseling.php)

CALL AND LEAVE A MESSAGE
619-660-4200