

CULTURE & COMMUNITY CIRCLE

Breaking the Model: Asian American Shorts Collection

May 6, 2026
11:00 am to 1:00 pm
Student Center, 1st Floor

In honor of AAPI Heritage Month, join us for Breaking the Model. This collection of diverse short films challenges the “model minority” myth by sharing multifaceted personal stories from across the AAPI community. Please join us for the incredible stories or drop by for the snacks! Pizza, drinks, and snacks provided while supplies last.

Getting Back to OK: Managing Stress Through Your Nervous System

May 6, 2026
2:00 to 3:00 pm
Presented by: Lauren Cardoso,
Mental Health Counselor

ZOOM

Learn how your body responds to stress and pick up a few practical ways to feel more settled, so you can think more clearly and feel a bit steadier.

Together We Remember: Pride

May 7, 2026
1:30 to 2:30 pm
Queer Student Center, I-107

Join us for a fun and engaging Pride themed game as we explore important moments in LGBTQ+ history and enjoy food while you're here.

Expressions: AAPI

May 12, 2026
12:00 to 2:00 pm
Library (LRC), C-102

Let's celebrate Asian American Pacific Islander Month with Karaoke. Food will be provided.

Kumu Hina

May 13, 2026
11:00 am to 1:00 pm
Student Center, 1st Floor

In honor of AAPI Heritage Month, join us for Kumu Hina. This moving film follows a Native Hawaiian teacher who preserves the sacred tradition of the Māhū, those who embody both male and female spirit. It is a powerful story of identity, community leadership, and Indigenous grace. Please join us for the incredible stories or drop by for the snacks! Pizza, drinks, and snacks provided while supplies last.

The Out List—Documentary

May 13, 2026
1:00 to 3:00 pm
Queer Student Center, I-107

This documentary includes LGBTQ leaders who share personal stories of identity, struggle, and acceptance in America.

(A)Sexual—Documentary

May 20, 2026
11:00 am to 1:00 pm
Queer Student Center, I-107

This documentary follows asexual individuals and their experiences living in a sex-focused society.

PRIDE Flag Raising Ceremony

May 29, 2026
11:30 am to 12:00 pm
In front of the flagpole

The first of June marks the beginning of Pride Month across the United States and around the world. Please join us as we kick off San Diego's Pride Month and raise the Progress Pride Flag in celebration and affirmation of intersectionality, diversity, equity, inclusion and belonging at Cuyamaca.

For workshop details, additional events, and zoom links visit us at: cuyamaca.edu/communitycircle or connect using the QR code below:



Students who complete a minimum of four workshops by May 8, 2026 will receive a Diversity & Leadership co-curricular certificate and be recognized at the Associated Student Government leadership awards ceremony in May 2026.

Sponsored by: Office of Institutional Effectiveness, Success, and Equity; Student Engagement and Belonging; and Associated Student Government. For additional information on the Culture & Community Circle workshops, please contact Lauren Vaknin in the Student Engagement and Belonging Office at (619) 660-4295.