

# Culture

# & Community Circle

SPRING SEMESTER 2021  
Online Workshops  
March 2021



**Why we Self-Sabotage**  
March 8, 2021  
9:30 to 10:30 am

Presented by: Halima Eid, Personal Counselor  
A workshop to discuss factors that contribute to self sabotage when pursuing their career and personal goals.

[https://cccconfer.zoom.us/meeting/register/tJ0tc-mhqzkrGN2UI-9elyafx\\_cBYPFKdj56](https://cccconfer.zoom.us/meeting/register/tJ0tc-mhqzkrGN2UI-9elyafx_cBYPFKdj56)



**History of Female Community Organizers and their Influence for Today**  
March 8, 2021 | 1:00 to 2:00 pm

Presented by:  
Jennifer M. Cosio, MSW, PPSC, Instructor, SDSU  
This workshop will cover a brief history of the most influential women community organizers and their work with communities of color. The presenter will share how their work influenced progress today, and how we can continue to support these efforts.

[https://cccconfer.zoom.us/meeting/register/tJMtcO6qqz8uE91ETSR\\_OFAzYNGTuBc1jET6](https://cccconfer.zoom.us/meeting/register/tJMtcO6qqz8uE91ETSR_OFAzYNGTuBc1jET6)



**Cuyamaca College Extraordinary Women**  
March 16, 2021  
2:00 to 3:00 pm

Presented by:  
Instructional Faculty, Counseling Faculty and Staff.  
This session will provide an opportunity to meet some of the most outstanding women that are part of our faculty and staff.

<https://cccconfer.zoom.us/meeting/register/tJMufuCtpzItGtDaZgDE84c4UxBhzV1Fh7Bg>

**Women's History Month**

During Women's History Month (March) we celebrate the contributions, history, resilience, and intersectionality of women, both in the United States, and globally. Women's history month has its origins over a hundred years ago when International Women's Day began to be celebrated annually on March 8th. It became a month-long celebration in the 1980s and occurs in March to coincide with International Women's Day and the passage of Title IX.



**Women's History Panel**  
March 17, 2021  
11:00 am to 12:15 pm

Presented by: Moriah Gonzalez-Meeks, Instructor, Cuyamaca College  
Marissa Salazar, Instructor, Cuyamaca College  
The panel will focus on the contributions of Women of Color in the United States.

<https://cccconfer.zoom.us/meeting/register/tJltd-ytrT0pHNWZvJqEi2IVy92psspLE5UZ>



**Open Mic Event**  
March 18, 2021  
1:00 to 2:00 pm

Presented by: Karen Marrujo, Instructor, Cuyamaca College  
Come celebrate the power of our individual voices. Share your work or interests by taking the mic or just drop in to listen or make new friends.

<https://cccconfer.zoom.us/meeting/register/tJUqc-qhpzlpGdd1IXhwue0T11kb3bx5s73m>




**A (Her)story of Care: Filipina Nurses in the US**  
March 23, 2021  
10:30 to 11:30 am

Presented by:  
James Diokno, Instructor, Cuyamaca College  
This discussion will center on the immigration history and experiences of Filipina nurses in the US. Particular attention will focus on the colonial relationship of the US and the Philippines and transition to the role of Filipina nurses on the frontlines of the COVID pandemic.

<https://cccconfer.zoom.us/meeting/register/tYucuihrDlqGN2fFUKqso1HqFmTZFC15vy>



**Women Mentoring**  
**Women: Mentoring and Fostering Relationships are a Key to Your Success**  
March 24, 2021 | 9:45 to 10:45 am

Presented by: Dr. Kimberly Fletcher, Instructor, SDSU  
Discussion on issues women face in the workplace and in Higher Education and the importance of women mentors who can share their expertise, advocate on behalf of their mentees, and celebrate their mentee's accomplishments.

[https://cccconfer.zoom.us/meeting/register/tJMrf-qsqzoiEtMFOJbQ\\_iQuqoFZaWc4GbHp](https://cccconfer.zoom.us/meeting/register/tJMrf-qsqzoiEtMFOJbQ_iQuqoFZaWc4GbHp)



If you complete a minimum of four workshops by May 14, 2021, you will receive a Diversity & Leadership co-curricular certificate and be recognized at the Associated Student Government virtual recognition ceremony in May.

Sponsored by: Office of Institutional Effectiveness, Success and Equity, Student Affairs and Associated Student Government.



For additional information on the Culture and Community Circle workshops, please contact Lauren Vaknin in the Student Affairs Office at (619) 660-4295.