**Culture & Community Circle**

**February 2021**

**Ancestral Trauma: Recognizing the effects and developing coping strategies to heal**

February 11, 2021

4:00 to 5:00 pm

Presented by: Halima Eid & Nathan Klien

*This workshop will discuss ancestral trauma and the effects that have lingered on from generation to generation. Facilitators will also introduce strategies to help individuals heal through a variety of exercises.*

[*https://cccconfer.zoom.us/j/96886447626*](https://cccconfer.zoom.us/j/96886447626)

**How to Be a Better LGBTQ Ally- Youth Panel**

February 16, 2021

10:00 to 11:00 am

Presented by: TransFamily Support Services

*What do the terms mean?*

*How can I be respectful?*

*What is gender identity anyway?*

*Come learn all this and how to be a supportive ally.*

[**https://cccconfer.zoom.us/j/97208526115**](https://cccconfer.zoom.us/j/97208526115)

**Black History Month Poetry Reading**

February 16, 2021

12:00 to 1:00 pm

Jason Astorga

*A space to highlight and acknowledge black poets. A way to preserve and continue to share messages through writing and/or listening. Bring a poem or a poem of your own that you would like to share.*

[*https://cccconfer.zoom.us/j/98715591878*](https://cccconfer.zoom.us/j/98715591878)

**College Hour: Black History Month**

Dissecting Equity: The Legacy of the 20th Century Civil Rights Movement

February 17, 2021

9:45 to 10:45 am

Presented by: Yaa Faraji

*A multimedia presentation and poetry reading evaluating the impact of the Civil Rights Movement on modern American civil liberties in the 21st century. Viewers will participate in an interactive workshop dissecting equity, equality and multiculturalism. Selections included from Faraji’s Amazon Best Selling anthology, Calabama, published through World Stage Press.*

[*https://cccconfer.zoom.us/j/98372871726*](https://cccconfer.zoom.us/j/98372871726)

**Buffalo Soldiers & Insurrectos: African American Soldiers, Race, & the Philippine American War**

February 18, 2021

10:30 to 11:30 am

Presented by: James Diokno

*This workshop will center on African American soldiers against a backdrop of war and white supremacy. Discussion will focus on intersections of racism and imperialism. Special emphasis will be given to trying to understand the role of marginalized and oppressed African American soldiers as they are sent to fight racialized 'enemies' in the Philippine American War and other US military actions and interventions.*

[*https://cccconfer.zoom.us/j/98924694154*](https://cccconfer.zoom.us/j/98924694154)

**Self Care during a Pandemic and Post Elections**

February 18, 2021

4:00 to 5:00 pm

Presented by: Halima Eid & Nathan Klein

*This workshop will focus on self care planning as we go through significant changes post elections and starting a new year in a continuous lockdown. Facilitators will discuss available virtual resources for all students.*

**Open Mic Event**

February 25, 2021

1:00 to 2:00 pm

Presented by: Karen Marrujo.

*Come celebrate the power of our individual voices. Share your work or interests by taking the mic or just drop in to listen or make new friends.*