

CULTURE & COMMUNITY CIRCLE

Together We Remember: Women's History

March 5, 2026 • 11:00 am to 1:00pm

Location: C-102 Together We Rise/ Black Student Success Center

Come join us to celebrate women's history month with trivia! Test your knowledge and enjoy a snack from a locally owned women's business.

Femtors: Lifting as We Climb

March 6, 2026 • 10:00 to 11:00 am

Presented by: Jennifer Cosio

This workshop will cover a brief history of the women's movement toward equal rights. Then, it covers helpful and empowering tips for students to network, gain femtorship, and build social capital.

Zoom Link: [CLICK HERE](#)

The Women's List

March 11, 2026 • 11:00 am to 1:00 pm

Location: I-107 Queer Student Center

Drop in for a Women's History Month documentary screening featuring portrait-style interviews with influential women across culture, leadership, and public life. Pizza, drinks, and light snacks will be provided while supplies last.

Wellbeing as Women Leaders

March 11, 2026 • 1:00 to 2:00 pm

Presented by: Chelsea Lombrozo

Join us for an empowering workshop in celebration of Women's History Month as we dive into the multifaceted aspects of wellbeing as women leaders. In this engaging session, we will explore the dimensions of wellness that are integral to thriving in leadership roles and beyond.

Zoom Link: [CLICK HERE](#)

Rest & Reset

March 18, 2026 • 11:00 am to 12:00 pm

Location: Student Center, I-104

Presented by: Lauren Cardoso, Mental Health Counselor

In recognition of Women's History Month, join us for an opportunity to pause and reset. This event focuses on stress, burnout, and the invisible pressures many students carry, offering practical tools and campus resources to support mental well-being. All students are welcome.

Extraordinary Hispanic Women

March 18, 2026 • 12:00 to 2:00 pm

Location: I Building Student Center

This documentary traces women's leadership across history, from Indigenous leadership and early organizing movements to modern-day activists, artists, and public figures. The film highlights how their work has shaped culture, rights, and everyday life in the United States. Pizza, drinks, and light snacks will be provided while supplies last.

Amplify Her Voice: Building Confidence and Belonging

March 20, 2026 • 10:00 to 11:00 am

Presented by Amanda Gunn, Mental Health Counselor

Join us for a conversation about confidence, connection, and the courage to speak up. Together, we'll unpack the barriers that hold women back from sharing their voices and discover how communication can build belonging and empowerment.

Zoom: [CLICK HERE](#)

Ultimate Sacrifices: Capt. Jennifer Moreno

March 25, 2026 • 11:00 am to 1:00 pm

Location: I Building Student Center

This documentary follows the journey of a San Diego-raised rising star, who was raised by an immigrant single mother, excelled in school, went from JROTC and nursing school to serving in the United States Army as part of an all-female Cultural Support Team. Her story is shared through the voices of those closest to her, highlighting her path of service, purpose, and the realities of dedication and sacrifice. Content Note: Includes audio and scenes related to war and military life. Pizza, drinks, and light snacks will be provided while supplies last.

Expressions: Celebrating Women Artists

March 25, 2026 • 12:00 to 2:00 pm

Location: C- 102 Together We Rise/ Black Student Success Center

Step into a space of creativity and celebration at our open mic event honoring women artists and culture. Students are encouraged to express themselves by highlighting influential figures through music, spoken word, readings, art, or performance.

For workshop details and zoom links visit us at cuyamaca.edu/communitycircle or connect using the QR code below:



Students who complete a minimum of four workshops by May 8, 2026 will receive a Diversity & Leadership co-curricular certificate and be recognized at the Associated Student Government leadership awards ceremony in May 2026.

Sponsored by: Office of Institutional Effectiveness, Success, and Equity; Student Engagement and Belonging; and Associated Student Government. For additional information on the Culture & Community Circle workshops, please contact Lauren Vaknin in the Student Engagement and Belonging Office at (619) 660-4295.