

# Culture

# & Community Circle

SPRING SEMESTER 2021

Online Workshops

February 2021

## Ancestral Trauma: Recognizing the effects and developing coping strategies to heal

February 11, 2021 | 4:00 to 5:00 pm

Presented by: Halima Eid & Nathan Klien

This workshop will discuss ancestral trauma and the effects that have lingered on from generation to generation. Facilitators will also introduce strategies to help individuals heal through a variety of exercises.

**Register in advance for this workshop:**

<https://cccconfer.zoom.us/meeting/register/tJllf--sqjwsGN-JyYbT-43vo5MqkZaOs2OnL>

## How to Be a Better LGBTQ Ally- Youth Panel

February 16, 2021 | 10:00 to 11:00 am

Presented by: TransFamily Support Services

What do the terms mean?

How can I be respectful?

What is gender identity anyway?

Come learn all this and how to be a supportive ally.

**Register in advance for this workshop:**

[https://cccconfer.zoom.us/meeting/register/tJM-vd-GtrD0rG9FWznBew93BI\\_toelEqQp-](https://cccconfer.zoom.us/meeting/register/tJM-vd-GtrD0rG9FWznBew93BI_toelEqQp-)

## Black History Month Poetry Reading

February 16, 2021 | 12:00 to 1:00 pm

Presented by: Jason Astorga,

A space to highlight and acknowledge black poets. A way to preserve and continue to share messages through writing and/or listening. Bring a poem or a poem of your own that you would like to share.

**Register in advance for this workshop:**

[https://cccconfer.zoom.us/meeting/register/tJwqduytpzoiHdwtxkfPfOd-qD\\_d6NmC0cyGP](https://cccconfer.zoom.us/meeting/register/tJwqduytpzoiHdwtxkfPfOd-qD_d6NmC0cyGP)

## Black History Month

During Black History Month (February) we celebrate the cultures, contributions, history, and resilience of Black and African American communities. National celebrations of Black history began almost 100 years ago in 1926 through the efforts of historian Dr. Carter G. Woodson. Month-long celebrations began almost 50 years ago in 1976 as a result of advocacy by the [Association for the Study of African American Life and History](#).

## College Hour:

### Black History Month

#### Dissecting Equity: The Legacy of the 20th Century Civil Rights Movement

February 17, 2021 | 9:45 to 10:45 am

Presented by: Yaa Faraji

A multimedia presentation and poetry reading evaluating the impact of the Civil Rights Movement on modern American civil liberties in the 21st century. Viewers will participate in an interactive workshop dissecting equity, equality and multiculturalism.

**Register in advance for this workshop:**

<https://cccconfer.zoom.us/meeting/register/tJwucOugqTotGNI2bJ4F-nlfbhbNrXkysGzyT>

## Police, Colonialism and Anti-Racism

February 17, 2021 | 12:00 to 1:00 pm

Presented by: Julio Soto

This presentation will provide a general history of American policing, its links to colonialism and its implications to our district's commitment to dismantling racism and closing equity gaps.

**Register in advance for this workshop:**

<https://cccconfer.zoom.us/meeting/register/tJlt-cOGgqD8iHNdZ7gqX67Yr3RlyLxc8Gjzr>

## Buffalo Soldiers & Insurrectos: African American Soldiers, Race, & the Philippine American War

February 18, 2021 | 10:30 to 11:30 am

Presented by: James Diokno

This workshop will center on African American soldiers against a backdrop of war and white supremacy. Discussion will focus on intersections of racism and imperialism. Special emphasis will be given to trying to understand the role of marginalized and oppressed African American soldiers as they are sent to fight racialized 'enemies' in the Philippine American War and other US military actions and interventions.

**Register in advance for this workshop:**

<https://cccconfer.zoom.us/meeting/register/tJwtcO6upjSpG9X8OmniJiSen-abRloTJMDhA->

## Self Care during a Pandemic and Post Elections

February 18, 2021 | 4:00 to 5:00 pm

Presented by: Halima Eid & Nathan Klien

This workshop will focus on self care planning as we go through significant changes post elections and starting a new year in a continuous lockdown. Facilitators will discuss available virtual resources for all students.

**Register for this Workshop:**

[https://cccconfer.zoom.us/meeting/register/tJYrcOqqpzlrE9L04yn24O0nr\\_CvhlZYsZFI](https://cccconfer.zoom.us/meeting/register/tJYrcOqqpzlrE9L04yn24O0nr_CvhlZYsZFI)

## Open Mic Event

February 25, 2021 | 1:00 to 2:00 pm

Presented by: Karen Marrujo.

Come celebrate the power of our individual voices. Share your work or interests by taking the mic or just drop in to listen or make new friends.

**Register for this Workshop:**

<https://cccconfer.zoom.us/meeting/register/tJM-vdO2rpjkrEtaBBMOXeWKFLzSaulIrLMYz>



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Sponsored by: Office of Institutional Effectiveness, Success and Equity, Student Affairs and Associated Student Government.

