

# Culture

## & Community Circle

SPRING SEMESTER

April 2023

### Middle Eastern Heritage Month

During Middle Eastern Heritage Month (April), we celebrate cultures, contributions, history, and resilience of Middle Eastern communities.

### Sexual Assault Awareness Month

During Sexual Assault Awareness Month, we focus on creating awareness of and prevention of sexual assault, harassment, and abuse.

### Black Student Success Week

The annual Black Student Success week (April 24, 2023- April 28, 2023) will share research insights and innovative approaches for improving student success among Black and African American students.

#### W.A.-A.W. (Wonderful Arab-American Women)

April 5, 2023 | 12:30 to 1:30 pm

Presented by: Aklas Sheai

Open heart and mind to celebrate the history and contributions of a significant and diverse Arab-American Women in various aspects of our society.

ZOOM LINK:

<https://bit.ly/CCWAAW23>



#### Consent, Communication, and Boundaries:

Ways to effectively communicate and speak up for one's needs!

April 6, 2023 | 1:00 to 2:00 pm

Presented by: Tori Doan and Manmeet Kaur

April is Sexual Assault Awareness Month, otherwise known as SAAM. The Cuyamaca College Personal Counselors will be holding a workshop on the importance of consent. We will discuss communication, boundaries, and consent. In this workshop we will demonstrate healthy ways to: express consent, boundaries, and how to communicate needs as well as ways to disapprove and say no and stand up for oneself.

ZOOM LINK:

<https://bit.ly/ccconsent23>



#### Culture Humility with Muslims

April 10, 2023 | 11:30 to 12:30 pm

Presented by: Halima Eid

This workshop will be focused on the Muslim and Arab struggles in the United States and diversity within the Muslim population.

ZOOM LINK:

<https://bit.ly/ccculture23>



#### Middle Eastern Stereotypes and Sensitivities

April 11, 2023 | 10:00 to 11:00 am

Presented by: Dr. Elissa Haddad

A deep dive into the cultural differences and similarities between Middle Eastern and Western cultures. The workshop will include discussions on cultural faux pas, Middle Eastern stereotypes and managing cultural differences.

ZOOM LINK:

<https://bit.ly/ccmesas23>



#### Healthy Relationships

April 11, 2023 | 12:00 to 1:00 pm

Presented by: Tasneem Alhomsy

Healthy relationships: are a two-way-street! Learn more about how you can get your needs met through implementing boundaries and understanding consent while learning more about yourself.

ZOOM LINK:

<https://bit.ly/cchealthyrelationships23>



#### History of the Chaldeans

April 12, 2023 | 3:30 to 4:30 pm

Presented by: Fr. Daniel Shaba

Location: Building F-502

Discussion on the ancient history of the Chaldean people.

#### Middle Eastern Ethnic Identities Statistically Invisible in America

April 19, 2023 | 11:30 to 12:30 pm

Presenter by: Daniel Kakish

Discussion on Middle Eastern ethnic identities, what these identities are, who decides them, and kinship of ethnic-linguistic groups.

ZOOM LINK:

<https://bit.ly/ccmei23>



#### Shahrazad Dream Resin and Geode Art

April 19, 2023 | 12:30 to 1:30 pm

Location: Samuel M. Ciccati Theatre

Presented by: Salwa Almodares

The presenter will showcase artwork and discuss this unique art. It is considered as advanced painting and a new addition to the arts of the modern world.

#### Open Mic

April 20, 2023 | 12:00 to 1:00 pm

Location: Cuyamaca College Library

Presented by: Karen Marrujo

Come celebrate the power of our individual voices. Share your work or interests by taking the mic or just drop in to listen or make new friends.

Students who complete a minimum of four workshops by May 12, 2023, will receive a Diversity & Leadership co-curricular certificate and be recognized at the Associated Student Government virtual awards ceremony in May 2023.

Sponsored by: Office of Institutional Effectiveness, Success and Equity, Student Affairs, and Associated Student Government

For additional information on the Culture and Community Circle workshops, please contact Lauren Vaknin in the Student Affairs Office at 619-660-4295.

# Culture & Community Circle

SPRING SEMESTER  
April 2023

## Open House- Performances

**Musiqqa from East (Arabic Traditional Music)  
by the Music House**

**April 22, 2023 | 11:00 am to 11:30 am**

**Location: Cuyamaca College**

**Presented by: Fouad Sawa Group**

Fouad Sawa, is performing the "Arabic Traditional Music" with Ensemble includes Arabic instruments, Oud, Qanun, Nay, and Tabla.

**Dabka Folk Dance, Symbol of Love,  
Life, and Unity**

**April 22, 2023 | 11:30 am to 12:00 pm**

**Location: Cuyamaca College**

**Presented by: Fouad Bodak**

Dabka originated from the repairing of the roof of one's house. People used to make their roofs from tree branches and mud. When the weather would change, the mud would crack. Legend says that family members and the community would come together to help patch it by forming a line, joining hands and stomping the mud into place. The Dabka was passed through generations as a reminder of the importance of family, community, and tradition.

**The Black Hour**

**The Holistic Black Student Experience:  
We Are Not a Monolith**

**April 24, 2023 | 12:00 to 1:00 pm**

Daily webinars with presentations from California Community College representatives.

**ZOOM LINK:**

**<https://bit.ly/BSSW42423>**



**Black Success**

**April 25, 2023 | 11:00 am to 12:00 pm**

**Presented by: Halima Eid and Kanisha Wilson**

This workshop will highlight the positive aspects of success for Black students and challenging fears in striving for more despite the barriers that can rise.

**ZOOM LINK:**

**<https://bit.ly/ccbs42523>**



**The Black Hour**

**Supporting Black Student Success through  
Racially Equitable State Policy**

**April 25, 2023 | 12:00 to 1:00 pm**

This conversation will discuss immediate opportunities to support Black student success through state policy, explore policies passed in recent years and their impact on closing racial equity gaps, and bring in the practitioners, students, and community partners directly impacted by such policies.

**ZOOM LINK:**

**<https://bit.ly/BSSW42523>**



**The Black Hour**

**Transition to Workforce and Livable Wages**

**April 26, 2023 | 12:00 to 1:00 pm**

Students say their top reason for going to college is to get a better job. Now more than ever, community colleges must support students with their educational journey and beyond. This session will focus on strategies to help Black students successfully transition into the workforce with livable wages.

**ZOOM LINK:**

**<https://bit.ly/BSSW42623>**



**Understanding the Diversity of  
Arab-Americans Community**

**April 27, 2023**

**10:00 to 11:00 am**

**Presented by: Roula Aoneh**

This Workshop will address the importance of Arab-Americans diversity in building the U.S. constructive, genuine, and multicultural community where every citizen develops in framework of the diversity, history, language, ethnic, cultural, and religious identities. The workshop is also an attempt to shed light on the understanding of Arab-Americans and commemorating their many contributions they have made to this country's identity, economy, education, and culture.

**ZOOM LINK:**

**<https://bit.ly/ccud42723>**



**The Black Hour**

**Programming for Black Student Success**

**April 27, 2023 | 12:00 to 1:00 pm**

Practitioners from across the state who have been successful in promoting Black student success will discuss their best practices and lessons learned during this panel. They will also share a practitioner's toolkit with attendees.

**ZOOM LINK:**

**<https://bit.ly/BSSW42723>**



**Black Excellence: The Pain Behind the  
Success**

**April 27, 2023**

**3:00 to 4:00 pm**

**Presented by: Halima Eid and Kanisha Wilson**

This workshop will focus on the challenges black students face to reach success and how it impacts their mental health.

**ZOOM LINK:**

**<https://bit.ly/ccpbs42723>**



**The Black Hour**

**The Diaspora Dialogues: Educators'  
Reflections from Ghana**

**April 28, 2023 | 12:00 to 1:00 pm**

This session will explore the reflections from our faculty members who attended the historic all-African Diasporic Summit with A2MEND. This reflection is an opportunity for faculty to express their respective experiences from a personal and professional perspective. Faculty will share their introspective reflections, as well as how they have adapted their experiences into their curriculum and pedagogy as practitioners.

**ZOOM LINK:**

**<https://bit.ly/BSSW42823>**



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