

Culture

& Community Circle



C U Y A M A C A
· C O L L E G E ·

APRIL 2024

Middle Eastern Heritage Month

During Middle Eastern Heritage Month (April), we celebrate the cultures, contributions, history, and resilience of Middle Eastern communities.

Sexual Assault Awareness Month

Sexual Assault Awareness Month (April), During Sexual Assault Awareness Month, we focus on creating awareness of and prevention of sexual assault, harassment, and abuse.

Middle Eastern Nationalities and Ethnicities

April 3, 2024 • 11:30am to 12:30 pm

Location: Student Center, I-207

Presented by: Daniel Kakish

Discussion on Middle Eastern nationalities and ethnicities informing our identities today.

Arabic Cultural Values

April 2, 2024 • 2:00 to 3:00 pm

Location: Student Center, I-207

Presented by: Dr. Shak Hanish

Explore Arab cultural values, where history, language, and shared beliefs unite diverse people across the Middle East and North Africa. Discover the importance of relationships in business, the beauty of Arabic names, and the rich tradition of Arabic script. From warm greetings to Arabian coffee, experience the essence of hospitality and gift-giving. Uncover the distinctions of honoring guests and communal dining.

From Service to Career: Learning from Dolores to Change the World for the Better

April 3, 2024 • 12:30 to 1:30 pm

Presented by: Amerika Nino-Rodriguez

Join us to hear the story of Amerika Nino-Rodriguez and how volunteering with Dolores Huerta inspired her to continue investing in her education to serve her community.



From empowering youth in community organizing to empowering them in higher education she wears her experience as a first generation college student from an immigrant farm working family as a badge of honor.

Zoom Link: https://gcccd-edu.zoom.us/join/8V0il7Zt4zil_Hroi7Ze

Black Student Success Week

The annual Black Student Success week (April 22, 2024- April 26, 2024) will share research insights and innovative approaches for improving student success among Black and African American students.

Middle Eastern Heritage Month

April 5, 2024 • 1:00 to 2:00 pm

Presented by: Tasneem Alhomysy and Nicole Jannesari

Join us for our Middle Eastern Heritage Month workshop to come together and celebrate the beautiful and diverse Middle Eastern culture! We will be honoring and discussing different aspects of our culture alongside recognizing the contributions of Middle Easterners to this country and around the world.



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ZOOM LINK: https://gcccd-edu.zoom.us/join/tZAKdeurrzopH9DUeBKEpYnbMJptWo3_Xncg

How to Play Konkan

April 10, 2024 • 2:00 to 4:00 pm

Location: Student Center, I-104 (Cross-Cultural Room)

Presented by: Rana Al-Shaikh

Join us and learn how to play a traditional Middle Eastern playing card game passed on by family generations and build community on campus.

Sexual Assault Awareness Month/Safe Spaces, Strong Bonds: Fostering Community

April 11, 2024 • 11:00 am to Noon

Presented by: Manmeet Kaur and Vicky Nguyen

Join us for a crucial workshop during Sexual Assault Awareness Month as we focus on building connected communities. In this empowering session tailored for college students, we'll delve into strategies to foster supportive environ-



ments, promote consent culture, and develop skills for bystander intervention. Together, let's cultivate a campus community where everyone feels respected, heard, and safe. Join the conversation and be part of the change.

Zoom Link: <https://gcccd-edu.zoom.us/join/jwoEt1v99-SBvojH0kMsl7CmRC7>

Cuyamaca College Open House with Performances

April 13, 2024 • 9:00am to 1:00 pm

Performances: 10:00am to 12:00 pm

Location: Building-G Quad

Join us in the rich, captivating cultural experience of the blend of traditional Middle Eastern instrumental music performances featuring the talents of "Music House" on the "oud", "kanoon" keyboard, violin and singing performance as well as "Drum Kings" on the "ney" and "darbuka" in sound and rhythms.

Arab Identity and its Preservation within Western Societies

April 17, 2024 • 12:00 to 1:00 pm

Location: Student Center, (I-207)

Presented by: Ghadah Al Saadi

The presentation will focus on preserving Arab identity within Western societies. It covers cultural identity and globalization's impact; and explores the historical background of Arab identity, the challenges encountered in Western contexts, and strategies for maintaining cultural identity. The presentation seeks to deepen understanding of the Arab culture's significance, and how to navigate contemporary challenges through interactive elements and personal narratives-aiming to inspire and educate on embracing cultural identity in a multicultural setting.



APRIL 2024

Open Mic

April 17, 2024 • 12:30 to 1:30 pm
Location: Library (C-219)
Presented by: Karen Marrujo & the Creative Writing Club
Share your voice by taking the mic or just drop in to listen and make new friends.

Cultivating Respect, Understanding, and Boundaries in Relationships

April 18, 2024 • 11:00 am to Noon
Presented by: Tasneem Alhomsy and Manmeet Kaur

Join us for a workshop that delves into the foundational elements of healthy and fulfilling relationships. In “Values at the Core,” we’ll ex-



plore the essential principles of respect, understanding, and boundaries, and how they form the bedrock of strong connections.

Through interactive discussions and engaging activities, participants will discover the significance of respect in fostering empathy, kindness, and appreciation within relationships. Furthermore, we’ll address the crucial role of boundaries in maintaining individual autonomy, self-care, and emotional well-being within relationships.

Zoom Link: <https://gcccd-edu.zoom.us/meeting/register/tZUlceqrqzwtE9yJh-9HUJrL4YzK8qvL94LLk>

Arab American Immigrants: Cultural Identity, History, Stereotypes, and Conflict

April 18, 2024 • 12:00 to 1:00 pm
Presented by: Roula Aoneh



Discussion on the immigration of Arab Americans and cultural exchange

Zoom Link: https://gcccd-edu.zoom.us/meeting/register/tZcld-ivqTktHN-FhNYh-o7_3_5hfwrqDet-C

CHAI (Culture, Hospitality, And Identity)

April 19, 2024 • 12:00 to 1:00 pm
Presented by: Aklas Sheai
Location: Student Center, I-207

Join us for a discussion on a delightful journey of Middle Eastern Tea Culture that considers tea as a symbol of mindfulness and interconnectedness.

HBCU Workshop

April 24, 2024 • 11:00 am to Noon
Presented by: Bowie State University



Please join us for this presentation with Bowie State University to learn

more about HBCU and the transfer process.

Zoom: <https://gcccd-edu.zoom.us/meeting/register/tZcqcOyrpjkIG9Y8Er6g7NA-iazSNvaQkqa8H>

The Black Hour

12:00 to 1:00 pm daily
Sponsored by: California Community College State Chancellor’s Office

Webinars will be held via Zoom and live-streamed on YouTube. Webinar registration is now open. To register, visit blkstudentsuccess.com

Monday, April 22 (12:00 to 1:00 pm)
Bachelor’s Degree Programs – Are They Delivering on the Dream for Black Students?

Tuesday, April 23 (12:00 to 1:00 pm)
Combatting the Affirmative Action Ban: Levers for Increasing Black Student Success at the State and Federal Level

Wednesday, April 24 (12:00 to 1:00 pm)
Empowering Black Excellence: Policies, Workforce Development, and Apprenticeships for College-to-Career Success

Thursday, April 25 (12:00 to 1:00 pm)
Just Because We Make It Look Easy, Doesn’t Mean It Is

Friday, April 26 (12:00 to 1:00 pm)
AI and Racial Equity

The After Party

April 22, 2024-April 26, 2024
(1:00 to 2:00 pm)

Sponsored by: California Community College State Chancellor’s Office
blkstudentsuccess.com

Join us for daily small group discussion forums immediately following #TheBlackHour webinars.

UMOJA Café

April 23, 2024 • 10:00 am to 12:00 pm
Location: 2nd Floor, G Building
Stop by for donuts and coffee and an opportunity to meet UMOJA Counselor Jonathan Ng to learn more about the UMOJA program at Cuyamaca College.

Black Student Success

April 26, 2024
2:00 to 3:00 pm
Presented by: Ebenezer Ezenwa and Nicole Jannessari



From addressing systemic barriers to celebrating culture, this workshop equips students, educators, and allies with practical tools and inclusive practices to cultivate an educational landscape where every Black student can thrive and excel. Join us for a workshop focused on empowering Black students for success.

Zoom: <https://gcccd-edu.zoom.us/meeting/register/tZctce2sqTsjE9UB5Tv5OKAs-WMUgAJRSegEa>

Middle Eastern Women in Sports

April 30, 2024 • 11:00 to 12:00pm
Presented by: Faid Salmoon

We will explore the dynamic landscape of Middle Eastern women in sports, highlighting their resilience, determination, and achievements despite facing numerous challenges. We shed light on the diverse experiences and contributions of women athletes in the region through success stories, initiatives, and the overarching benefits of women’s participation in sports.



Zoom Link: <https://gcccd-edu.zoom.us/meeting/register/tZcrc--srzs-rEtZtSQITCZyXDJJgzhZJUI1V>

Zoom Link: <https://gcccd-edu.zoom.us/meeting/register/tZcrc--srzs-rEtZtSQITCZyXDJJgzhZJUI1V>



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