

Culture & COMMUNITY

@ Cuyamaca College

*** Native American Heritage Month *** During Native American Heritage Month, we celebrate the cultures, contributions, history, and resilience of Native American communities, especially that of the Kumeyaay Nation, on whose land Cuyamaca College resides.

*** Veterans Week *** (November 6, 2023 - November 15, 2023) - During the Veterans Week, we celebrate and honor the contributions, history, and resilience of U.S. veterans. For more information and resources, visit the Veterans Center website. Happy Veterans Day!

Veteranos & Valor: The Filipino Experience in the US Military

November 7, 2023
9:00 to 10:00 am
Presented by: James Diokno

The Filipino community is one of the largest ethnic groups in the San Diego region. A large reason why they are here is because of the US Navy. Since the days of US Colonization of the Philippine Islands over a hundred years ago, Filipinos have been a highly visible presence in the US military. This workshop and presentation will shed light on why and how Filipinos have been an integral part of the US armed forces. Discussion will center on the role of the Philippines as a colonized territory in this phenomenon, as well as the economic factors driving this tradition.

Zoom Link: <https://gcccd-edu.zoom.us/join/9876543210>

Veterans Wellness Workshop

November 7, 2023
12:00 to 1:00 pm
Presented by: Nicole Jannesari and Manmeet Kaur

Come and learn about how mental health can affect our veterans and the difficulties in reintegrating back to civilian life. Personal Counselors will introduce signs of stress and anxiety, and different coping strategies.

Zoom Link: <https://gcccd-edu.zoom.us/join/1234567890>

SpeakOut: From the Heart

Webinar
November 8, 2023
1:00 to 2:00 pm

We invite you to an intimate conversation this November with SpeakOut speaker Megan Red Shirt-Shaw (Oglala Lakota). Delve into the personal side of Megan's journey in social justice work as she opens up about the profound influences, values, and experiences that shape her commitment. Megan's roots are deeply intertwined with her advocacy for Indigenous rights, but her story is also about family, community, and the power of preserving cultural identity. Megan's experiences, both in her Lakota heritage

and her professional life, have fueled her passion for higher education, media representation, and empowering young voices. Join us for a heartfelt discussion, offering a glimpse into the heart and soul of her work, and how it is intimately connected to the world around her.

Megan Red Shirt-Shaw (Oglala Lakota) is an educator, writer, activist, and Director of Native Student Services at the University of South Dakota. You may recognize her from our e-course "Beyond the Land Acknowledgement" and from past Summer Institutes.

Webinar Link: www.eventbrite.com/e/740334098217?discount=CuyamacaCollege2023

Yellow Ribbon Workshop: Veterans Week

November 8, 2023
1:00 to 3:00 pm
Location: Cuyamaca College, VRC I-113

Presented by: Daniel Mendoza
Are you interested in transferring to a Private University but have concerns about the cost to attend? The Yellow Ribbon Program is used in combination with your GI Bill education benefits and can help offset the cost of tuition for a Private University. Attendees will be learning about

local Universities that offer the program and eligibility requirements.

Disability Workshop: Veterans Week

November 9, 2023
11:00 am to 12:00 pm
Location: Cuyamaca College, VRC- I-113

Presented by Khalifa Kovu (Free Pizza provided by DSPS)
Are you interested in learning more about the VA Disability rating system and how it can benefit you or someone you know? Join us for an informative session that will help you gain a comprehensive understanding of the support available to veterans. Discover how this knowledge can empower you to make informed decisions about your future.

Queer Center Grand Opening

November 14, 2023
12:00 to 2:00 pm
Location: Student Center, 1st Floor (I- Building)

Join us for a ribbon cutting and celebration of East County's dedicated space for the LGBTQIA2S community. Free food will be provided.



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* Transgender Awareness Week & Day of Remembrance (November 20, 2023) *

During Transgender Awareness Week, we celebrate the contributions, history, and resilience of the Trans community. On Transgender Day of Remembrance (TDOR), we honor and remember all the transgender people whose lives were lost in acts of anti-transgender violence.

* International Day for Elimination of Violence against Women *

(November 25, 2023) - On the International Day for the Elimination of Violence against Women, we create awareness of the fact that violence against women occurs in the U.S. and worldwide, and that it is a human rights issue. Visit the 16 Days of Activism against Gender-Based Violence website for ways to get involved and learn more.

America Discovers Columbus: Inventing Latin America

November 14, 2023
2:00 to 3:00 pm
Presented by: Instructor Fuentes

This presentation focuses on self-identification and the epistemology of terms and labels used to describe the "New World." At the end of the presentation, attendees have a better sense of the origin of terms used in the process of self-identification.

ZOOM LINK: <https://gccd-edu.zoom.us/j/85677920860>

Honoring the Transgender Day of Rememberance: Supporting and Affirming the Transgender Community

November 16, 2023
11:00 am to 12:00 pm
Location: Queer Student Center (Student Center, I-107)
Presented by: Evan Johnson, TransFamily Support Services
In recognition of Transgender Day of Remembrance, join TransFamily Support Services for a conversation that will help to

provide some additional education and understanding of the transgender and nonbinary community.

Open Mic

November 16, 2023
12:00 to 1:30 pm
Location: C-219
Presented by: Karen Marujo & the Creative Writing Club

Share your voice by taking the mic or just drop in to listen or make new friends.

Kumeyaay It Takes a Village Event & Native American Heritage College Hour

November 17, 2023
9:00 am to 2:00 pm
Location: Kumeyaay Village (Behind A Building)
Presented by: Dr. Stan Rodriguez and Michelle Garcia

Join us from 9am-12pm to help build the Kumeyaay Village. Stay for the party from 12-2pm; enjoy free pizza and learn Kumeyaay songs and games.

International Day for Elimination of Violence against Women

November 17, 2023
12:00 to 1:00 pm
Presented by: Tasneem Alhomsy and Manmeet Kaur

Join us for a powerful and enlightening event as we stand together to observe the International Day for the Elimination of Violence against Women. At Cuyamaca College, we recognize the urgent need to address this global issue within our own community. We invite our campus community to unite in solidarity against gender-based violence. Together, we will raise awareness, ignite conversations, and foster a safe and inclusive environment where everyone feels heard and respected.

ZOOM LINK: <https://gccd-edu.zoom.us/j/85677920860>

Transgender Awareness Week and Day of Remembrance

November 28, 2023
12:00 to 1:00 pm
Presented by Nicole Jannesari and Vicky Nguyen

Join us for a supportive and compassionate workshop in observance of Transgender Awareness Week and the Transgender Day of Remembrance. This workshop is designed to foster awareness, understanding, and support for

the transgender and gender diverse community. This workshop welcomes individuals of all backgrounds, including allies, educators, and anyone interested in deepening their understanding of transgender issues.

ZOOM LINK: <https://gccd-edu.zoom.us/j/85677920860>

Open Mic

November 30, 2023
1:00 to 2:00 pm
Location: Outside the C Building
Presented by: Karen Marujo & the Creative Writing Club

Share your voice by taking the mic or just drop in to listen or make new friends.

Beyond the Performance of the Kumeyaay Land Acknowledgement

December 1, 2023
11:30 am to 12:30 pm
Location: B365 or Zoom: <https://gccd-edu.zoom.us/j/85677920860>
Presented by: Ethan Banegas

The presenter will share anecdotal data that suggests colleges and tribal governments need to take action to address equity for reservation Indians.

