



C U Y A M A C A  
· C O L L E G E ·

# Cuyamaca College Student Resource Guide Fall 2024: (SCHOOL EDITION)

A simple guide to **navigate through life** while attending classes at Cuyamaca College!

## Technology Support: Wi-Fi Access, Help Desk, Canvas, Zoom

If you need access to free internet, go to the Wireless Access page to find out about campus hotspots.

[www.gcccd.edu/it/help-desk-services/wireless-network-information.php](http://www.gcccd.edu/it/help-desk-services/wireless-network-information.php)

If you need assistance logging in to your student accounts (email, Canvas, library, etc.), contact the Cuyamaca Help Desk:

619-660-4395 or email:  
[C-HelpDesk@gcccd.edu](mailto:C-HelpDesk@gcccd.edu)

If you are new to Canvas or Zoom you can access video guides and text guides on how to get started.

Zoom for Students help page:  
[cuyamaca.edu/covid19/zoom.php](http://cuyamaca.edu/covid19/zoom.php)

Canvas for Students help page:  
<https://www.cuyamaca.edu/student-support/technology-center/online-success/canvas-help-for-students.php>

Canvas Help:  
844-592-2205

## Library or Tutoring

For Fall 2024, FREE ONLINE TUTORING will be available Monday, Thursday, and Friday 9:30am -4pm, Tuesday and Wednesday 9:30am-6pm. FREE IN-PERSON TUTORING will be available Monday-Friday 9am-3pm. You can request an In-Person Tutoring session or an Online (Zoom Video) Tutoring session by following this link: [Request Tutoring](#) or by clicking the "Tutoring" link on the left side of your course container in Canvas. You may also email [Cuyamaca.Tutoring@gcccd.edu](mailto:Cuyamaca.Tutoring@gcccd.edu) or leave a message for a fast call back at (609) 660-4525. For more information,

you can also visit our website at: [www.cuyamaca.edu/tutoring](http://www.cuyamaca.edu/tutoring).

Visit the library for quiet study, meeting with classmates and friends, research help, and checking out library materials (e.g., books, laptops, calculators). We now offer Zoom rooms, which provide a quiet space for student who are attending online classes. We also host fun student activities throughout the semester. See current library hours on the library website.

Find and access eBooks, academic journal articles, online videos and films, and more through Cuyamaca OneSearch. Log into

online library resources and services with your student login: your username is your firstname.lastname and your password is your 6-digit birthdate (mmddyy).

Have a research question? Chat with a librarian at the research help desk during library hours, by email, by phone, or through our Ask-a-Librarian online chat service.

Want to check out or return library materials? Email the Circulation Desk at [Cuyamaca.Circulation@gcccd.edu](mailto:Cuyamaca.Circulation@gcccd.edu) or call 619-660-4416 for more information. Follow us on Instagram for the latest news and updates about the library!

## Registering & Paying for Classes: Admissions, Counseling & Financial Aid

If you need assistance with class registration, transcripts, or student records, contact Admissions & Records. You can access E-Admissions at [Cuyamaca.Admissions@gcccd.edu](mailto:Cuyamaca.Admissions@gcccd.edu) [cuyamaca.edu/admissions](http://cuyamaca.edu/admissions)

If you need assistance choosing classes, creating a Comprehensive Education Plan (CEP), or if you have general education questions, contact Academic Counseling. You can schedule an appointment or

submit a question via Connect with a Counselor and choose the best service option for you.

[www.cuyamaca.edu/talk](http://www.cuyamaca.edu/talk)  
[Cuyamaca.eCounseling@gcccd.edu](mailto:Cuyamaca.eCounseling@gcccd.edu)

If you need help paying for your college expenses, please visit the Financial Aid web page or contact Financial Aid:

Virtual Help Desk:  
<https://cccconfer.zoomus/j/97570616740>  
Phone: 619-660-4201

[www.cuyamaca.edu/financial-aid/](http://www.cuyamaca.edu/financial-aid/)  
Email:  
[Cuyamaca.FinancialAid@gcccd.edu](mailto:Cuyamaca.FinancialAid@gcccd.edu)

If you need assistance with scholarships, please visit the Scholarship web page or call and leave a voicemail message at 619-660-4537 or send an email to [Cuyamaca.Scholarships@gcccd.edu](mailto:Cuyamaca.Scholarships@gcccd.edu) [www.cuyamaca.edu/financial-aid/scholarships/](http://www.cuyamaca.edu/financial-aid/scholarships/)

## Cuyamaca College Health and Wellness Services

Cuyamaca Health and Wellness Services offers Wellness Promotion, Covid-19 Resources, Community Outreach & Referrals, Non-Prescriptive Medications, and Contemplation and Lactation Room Accommodations. Students can call 619-660-4200 or email [cuyamaca.wellness@gcccd.edu](mailto:cuyamaca.wellness@gcccd.edu) for further information.



C U Y A M A C A  
· C O L L E G E ·

# Cuyamaca College Student Resource Guide Spring 2025: (SCHOOL EDITION)

A simple guide to **navigate through life** while attending classes at Cuyamaca College!

## SUPPORT PROGRAMS: EOPS/CARE/NextUP/UP/RISE, CalWORKs, DSPS, Together We Rise, & Veterans Services

If you are a TANF/Welfare to Work cash aid recipient, contact CalWORKs for services. Call 619-660-4340 or send an email to [Cuyamaca.CalWORKs@gcccd.edu](mailto:Cuyamaca.CalWORKs@gcccd.edu) or visit [www.cuyamaca.edu/student-support/additional-support-and-assistance-programs/calworks/index.php](http://www.cuyamaca.edu/student-support/additional-support-and-assistance-programs/calworks/index.php)

If you need academic adjustments (accommodations), academic counseling, disability management, support services and if you are interested in Personal Development Success classes, contact the DSPS Main Office at [cuyamaca.dsps@gcccd.edu](mailto:cuyamaca.dsps@gcccd.edu) or call 619-660-4239.

If you need alternative media, technical assistance (Zoom, Assistive Technology, Registration Assistance) contact [cuyamaca.htc@gcccd.edu](mailto:cuyamaca.htc@gcccd.edu) or call 619-660-4299.

If you need to sign up for Test Proctoring, contact: [cuyamaca.testproctor@gcccd.edu](mailto:cuyamaca.testproctor@gcccd.edu) or call 619-660-4299 (DSPS Main Office) or visit [www.cuyamaca.edu/student-support/additional-support-and-assistance-programs/dsp-s/](http://www.cuyamaca.edu/student-support/additional-support-and-assistance-programs/dsp-s/)

If you are economically and/or educationally

disadvantaged; a single parent; a former or current foster youth; or youth raised in guardianship; homeless youth; and/or participate in AB540, the California Dream Act, or DACA, contact EOPS/CARE/NextUP/UP/RISE for services.

[Cuyamaca.EOPSCounter@gcccd.edu](mailto:Cuyamaca.EOPSCounter@gcccd.edu), or call 619-660-4204 or visit [www.cuyamaca.edu/student-support/additional-support-and-assistance-programs/eops/](http://www.cuyamaca.edu/student-support/additional-support-and-assistance-programs/eops/)

For more information, please call us at: 619-660-4204

The Together We Rise Latinx Student Center strives to provide a welcoming and supportive environment for all students who walk through our doors. The center regularly hosts cultural events, workshops, and offers peer mentoring opportunities.

At the center, students may access our satellite food pantry, hygiene closet, free legal services, printing, school supplies, and a patio area where students can study or relax. The Together We Rise Student Center is located in Annex D (between D

and B buildings) and can be reached at (619) 660-4628.

If you need assistance with Veterans certification, services or resources, contact the Veterans Center via email, appointment or e-advising. Call 619-660-4282, or visit

[Cuyamaca.Veterans@gcccd.edu](mailto:Cuyamaca.Veterans@gcccd.edu) or email [www.cuyamaca.edu/veterans](http://www.cuyamaca.edu/veterans)

If you are justice-involved, formerly incarcerated, on probation, or have parole supervision, you can receive college support services with Cuyamaca Rising Scholars: [cuyamaca.edu/student-support/counseling-center/rising-scholars.php](http://cuyamaca.edu/student-support/counseling-center/rising-scholars.php)

If you are looking to enhance your educational experiences as a Black student and receive support for personal, educational, and professional development, join our Umoja Community: [cuyamaca.edu/student-support/diversity-and-inclusion/umoja.php](http://cuyamaca.edu/student-support/diversity-and-inclusion/umoja.php)

### Future Goals: Transfer, Careers, & Outreach

If you need assistance with career and job counseling, career workshops, job search boards for students and employers, and career research information, contact the Career Center:

[www.cuyamaca.edu/student-support/career-center/](http://www.cuyamaca.edu/student-support/career-center/) or email [Cuyamaca.Career@gcccd.edu](mailto:Cuyamaca.Career@gcccd.edu)

If you need to transfer to a four-year

university, contact the Transfer Center for information and support services: [www.cuyamaca.edu/transfer](http://www.cuyamaca.edu/transfer) or email [cuyamaca.transfer@gcccd.edu](mailto:cuyamaca.transfer@gcccd.edu)

If you are a new student or want to attend Cuyamaca, contact High School and Community Relations/Outreach. [www.cuyamaca.edu/outreach](http://www.cuyamaca.edu/outreach) or email [Cuyamaca.Outreach@gcccd.edu](mailto:Cuyamaca.Outreach@gcccd.edu)

### Student Life: Student Affairs & ASGCC

If you would like student engagement and involvement opportunities, assistance with student organizations, and assistance with student grievances and conduct issues, email Lauren Vaknin at Student Affairs: [lauren.vaknin@gcccd.edu](mailto:lauren.vaknin@gcccd.edu) or visit [www.cuyamaca.edu/student-support/student-affairs/](http://www.cuyamaca.edu/student-support/student-affairs/)

If you have questions about student representation or need assistance with student organizations, email the Associated Student Government (ASGCC): [Kendra.Saucedo@gcccd.edu](mailto:Kendra.Saucedo@gcccd.edu) or visit [www.cuyamaca.edu/get-involved/associated-student-government-asgcc/](http://www.cuyamaca.edu/get-involved/associated-student-government-asgcc/)