**Welcome Week**

**Fall Semester 2020**

***Welcome New and Returning Cuyamaca College Students***

***Register to Vote: http://www.sos.ca.gov***

*\*All Welcome Week programs will be virtual except the drive through food giveaway program\**

**Monday, August 17**

**Cuyamaca Cares Drive-through Food Distribution**

11:30 AM to 1:30 PM

*Drive in with your student ID and get some free pantry food!*

Cuyamaca College Bus Circle

**Podcast with the Associated Student Government President & Student Trustee at Cuyamaca College**

12:30-1:30 PM

*This session will provide students with an opportunity to interact with the ASG President & Student Trustee at Cuyamaca College. Students will have the opportunity to discuss projects and find out more about getting involved at Cuyamaca College.*

**Tuesday, August 18**

**Meet and Greet with DSPS High Tech Center Faculty & Staff**

11:00 AM- Noon

*This informational session you will be able to meet the High Tech Center Faculty and Staff and discuss academic resources that can assist you in your classes.*

<https://cccconfer.zoom.us/j/97415405899>

**Mindfulness & Stress**

1:00 to 2:00 PM

*The Cuyamaca Health and Wellness Center staff and personal counselors are providing a workshop to help students prepare for the unique challenges of the upcoming semester. Students are invited to learn skills, strategies, and resources to assist with the stress of attending school during the COVID-19 pandemic.*

<https://cccconfer.zoom.us/j/91341384760>

**Cuyamaca Cares**

2:00 to 3:00 PM

*Cuyamaca Cares is a program to assist students with housing, food, self-care, personal counseling, and where you can find basic needs resources on campus and in the community. The presenter will discuss the application process for emergency funding available to students.*

<https://cccconfer.zoom.us/j/92634202386>

**Wednesday, August 19**

**Career Services- Questions & Answers with Students**

12:00 to 12:15 PM

*Get to know the Career Center staff and services available to you! Learn how to search for jobs, building your resume, practice you interviewing skills, and apply for fulfilling jobs and internships. Discover how to engage with employers in our career readiness workshops and events. Learn about all of the resources we provide to help you succeed in the workforce!*

<https://cccconfer.zoom.us/j/92310395999>

**EOPS Meet and Greet**

11:00 AM to Noon

*Get to know more about the following programs and resources on campus:*

*EOPS*

*CARE*

*RISE*

*NextUp*

*UP!*

<https://cccconfer.zoom.us/j/96476706107>

**Get Involved with ASG- Podcast**

2:00 to 3:00 PM

*This podcast will be an excellent opportunity to learn how to become involved at Cuyamaca College through Student Government and Student Organizations.* [https://youtu.be/GOzOj5dpybE](https://youtu.be/GOzOj5dpybE" \t "_blank)

**Thursday, August 20**

**Personal Counseling & Health Center**

10:00 to 11:00 AM

*Please join this presentation to learn about the personal counseling services which are available to Cuyamaca students online. The presentation is interactive and will cover what personal counseling is, how students can benefit from it, and how students can access counseling services.*

<https://cccconfer.zoom.us/j/92929163577>

**Student Veterans Center**

11:00 AM to Noon

*This session will provide information on the resources available through the Student Veterans Center. In addition, information will be provided regarding the emergency funding program.*

<https://cccconfer.zoom.us/j/91546093482>

**Friday, August 21**

**Phi Theta Kappa Honor Society- Information Session**

11:00 AM to Noon

*This session will provide students information with how to get involved with the Phi Theta Kappa honor society at Cuyamaca College.*

<https://cccconfer.zoom.us/j/97464315366>

**ASG Meeting**

12:30 pm to 1:30 PM

*Get involved with the Associated Student Government at Cuyamaca College. Please attend the first meeting of the academic year, and you can learn more about joining the Associated Student Government.*

<https://cccconfer.zoom.us/j/95890112235>

**ASG Involvement Podcast**

2:00 to 3:00 PM

*Students can participate in this podcast to learn more about the involvement opportunities.*

<https://youtu.be/njvfavLAhsE>