

## Cuyamaca College Student Resource Guide 2023: (SCHOOL EDITION)

A simple guide to navigate through life while attending classes at Cuyamaca College!

### Technology Support: Help Desk, Canvas, Zoom, & Internet

If you need access to free internet, go to the Wireless Access page to find out about campus hotspots.

www.gcccd.edu/it/help-desk/ wireless-network/

If you need assistance accessing/logging in to your student accounts (email, Canvas, library, etc.), contact the help desk by phone at 619-660-4395 or email <a href="mailto:C-HelpDesk@gcccd.edu">C-HelpDesk@gcccd.edu</a>

https://cuyamaca.edu/studentsupport/technology-center/

If you are new to Canvas or have questions, take the free "Learn Canvas" course or view the video guides, and text guides. For assistance with Canvas, contact the Canvas help line at 844-592-2205

If you are new to Zoom, watch the short video on how to get started in Zoom

using your computer or how to get started on Zoom using your phone. There is also a Zoom for Students help page. <a href="mailto:cuyamaca.edu/covid19/zoom.php">cuyamaca.edu/covid19/zoom.php</a> (available all day, 7 days a week).

Canvas Help: 844-592-2205 Cuyamaca Help Desk: 619-660-4395

#### **Library or Tutoring**

For Fall 2023, FREE ONLINE TUTORING will be available Monday, Thursday, and Friday 9:30-4, Tuesday and Wednesday 9:30-7. FREE IN-PERSON TUTORING will be available Monday-Friday 9-4. You can request an In-Person Tutoring session or an Online (Zoom Video) Tutoring session by following this link: Request Tutoring to the appointment request form or by clicking the blue "Tutoring" link on the left side of your course container in Canvas. You may also email Cuyamaca. Tutoring@gcccd.edu or leave a message for a fast call back at (619) 660-4525. For more information, you can also visit our

website at www.cuyamaca.edu/tutoring.

Visit the library for quiet study, meeting with classmates and friends, research help, and checking out library materials (e.g., books, laptops, calculators). See current library hours on the library website.

Find and access eBooks, academic journal articles, online videos and films, and more through Cuyamaca OneSearch.

Log into online library resources and services with your student login: your username is your firstname.

lastname and your password is your 6-digit birthdate (mmddyy).

Have a research question? Chat with a librarian at the research help desk during library hours, by email, by phone, or through our Ask-a-Librarian online chat service.

Want to check out or return library materials? Contact the Circulation Desk Cuyamaca.Circulation@gcccd.edu, 619-660-4416) for more information. Follow us on Instagram for the latest news and updates about the library!

#### Registering & Paying for Classes: Admissions, Counseling & Financial Aid

If you need assistance with class registration, transcripts, or student records, contact Admissions & Records. You can access E-Admissions at Cuyamaca.Admissions@gcccd.edu cuyamaca.edu/admissions

If you need assistance choosing classes, creating a Comprehensive Education Plan (CEP), or if you have general education questions, contact Academic Counseling. You can schedule an appointment or

submit a question via Connect with a Counselor and choose the best service option for you.

www.cuyamaca.edu/talk Cuyamaca.eCounseling@gcccd.edu

If you need help paying for your college expenses, please visit the Financial Aid web page or contact Financial Aid: Virtual Help Desk:

https://cccconfer.zoomus/j/97570616740 Phone: 619-660-4201 www.cuyamaca.edu/financial-aid/ Email: Cuyamaca.FinancialAid@gcccd.edu

If you need assistance with scholarships, please visit the Scholarship web page or call and leave a voicemail message at 619-660-4537 or send an email to Cuyamaca.Scholarships@gcccd.edu www.cuyamaca.edu/financial-aid/scholarships/

Cuyamaca
College Health
and Wellness
Services

Cuyamaca Health and Wellness Services offers Wellness Promotion, Covid-19 Resources, Community Outreach & Referrals, Non-Prescriptive Medications, and Contemplation and Lactation Room Accommodations. Students can call 619-660-4200 or email <a href="mailto:cuyamaca.wellness@gcccd.edu">cuyamaca.wellness@gcccd.edu</a> for further information.



# Cuyamaca College Student Resource Guide 2023: (SCHOOL EDITION CONTINUED)

A simple guide to **navigate through life** while attending classes at Cuyamaca College!

### Support Programs: EOPS/CARE/NextUP/UP/RISE, CalWORKS, DSPS, Pathway Academy, Together We Rise, & Veterans Services

If you are a TANF/Welfare to Work cash aid recipient, contact CalWORKs for services.
Call 619-660-4340 or send an email to
Cuyamaca.CalWORKs@gcccd.edu
https://www.cuyamaca.edu/studentsupport/additional-support-andassistance-programs/calworks/index.php

If you need academic adjustments (accommodations), academic counseling, disability management, support services and if you are interested in Personal Development Success classes, contact the DSPS Main Office at <a href="mailto:cuyamaca.dsps@gcccd.edu">cuyamaca.dsps@gcccd.edu</a> or call 619-660-4239. If you need alternative media, technical assistance (Zoom, Assistive Technology, Registration Assistance) contact <a href="mailto:cuyamaca.dsps.htc@gcccd.edu">cuyamaca.dsps.htc@gcccd.edu</a> or call 619-660-4299.

If you need to sign up for Test Proctoring, contact: <a href="mailto:cuyamaca.dspstesting@gcccd.edu">cuyamaca.dspstesting@gcccd.edu</a> or call 619-660-4299 (DSPS Main Office) <a href="https://www.cuyamaca.edu/student-support/additional-support-and-">www.cuyamaca.edu/student-support/additional-support-and-</a>

assistance-programs/dsp-s/

If you are economically and/or educationally disadvantaged; a single parent; former or current foster youth; youth raised in guardianship; homeless youth; and/or participate in AB540, the California Dream Act, or DACA, contact EOPS/CARE/NextUP/UP/RISE for services. Cuyamaca.EOPSCounter@gcccd.edu, or call 619-660-4204 or visit, www.cuyamaca.edu/student-support/additional-support-and-assistance-programs/eops/

For more information, please call us at: 619-660-4204

If you want resources and support for a clear and quicker path to your education goals for one year, contact Pathway

Academy. If you are a current PA Student, access our Pathway 101 Canvas Course to book an appointment with our staff. PA Staff is available to assist students with schedule inquiries, general financial aid information, and other student support

services referrals, email: <u>veronica.corral@</u> gcccd.edu

The "Together We Rise Student Center" is a Latinx student center that strives to provide a welcoming and supportive environment for all students who walk through our doors. Next Up, Pathway Academy, Rise and UP! are the four programs housed in the center. Students may access our food pantry, hygiene closet, free legal services, lockers for students experiencing housing insecurities, free printing, laptops to check out, free school supplies, and a patio area where students can study or relax. **Together We RISE Student Center contact** number is (619) 660-4628 and location is Annex 2 (between D and B buildings).

If you need assistance with Veterans certification, services or resources, contact the Veterans Center via email, appointment or e-advising.

Cuyamaca.Veterans@gcccd.edu www.cuyamaca.edu/veterans

Future Goals: Transfer, Careers, & Outreach

If you need assistance with career and job counseling, career workshops, job search boards for students and employers, and career research information, contact the Career Center.

<u>Cuyamaca.Career@gcccd.edu</u> <u>www.cuyamaca.edu/student-</u> <u>support/career-center/</u>

If you need to transfer to a four-year

university, contact the Transfer Center for information and support services.
<a href="mailto:cuyamaca.transfer@gcccd.edu">cuyamaca.transfer@gcccd.edu</a>
<a href="mailto:www.cuyamaca.edu/transfer">www.cuyamaca.edu/transfer</a>

If you are a new student or want to attend Cuyamaca, contact High School and Community Relations/Outreach.

Cuyamaca.Outreach@gcccd.edu

www.cuyamaca.edu/outreach

Student Life: Student Affairs & ASGCC If you would like student engagement and involvement opportunities, assistance with student organizations, and assistance with student grievances and conduct issues, contact Lauren Vaknin at Student Affairs: lauren.vaknin@gcccd.edu

www.cuyamaca.edu/student-support/
student-affairs/

If you have questions about student representation or need assistance with student organizations, contact the Associated Student Government (ASGCC).

asgcc@gcccd.edu
www.cuyamaca.edu/get-involved/
associated-student-government-asgcc/