

Welcome Week Spring 2022

Cuyamaca College

Jan 31- Feb 4, 2022

Monday- 1/31	Tuesday - 2/1	Wednesday – 2/2	Thursday – 2/3	Friday – 2/4
<p>Outreach Virtual Help Desk Monday-Thursday 10:00 am to 2:00 pm Friday- 10:00 am to 1:00 pm https://tinyurl.com/cuycolfrontdesk</p>	<p>Outreach Virtual Help Desk Monday-Thursday 10:00 am to 2:00 pm Friday- 10:00 am to 1:00 pm https://tinyurl.com/cuycolfrontdesk</p>	<p>Outreach Virtual Help Desk Monday-Thursday 10:00 am to 2:00 pm Friday- 10:00 am to 1:00 pm https://tinyurl.com/cuycolfrontdesk</p>	<p>Outreach Virtual Help Desk Monday-Thursday 10:00 am to 2:00 pm Friday- 10:00 am to 1:00 pm https://tinyurl.com/cuycolfrontdesk</p>	<p>Outreach Virtual Help Desk Monday-Thursday 10:00 am to 2:00 pm Friday- 10:00 am to 1:00 pm https://tinyurl.com/cuycolfrontdesk</p>
<p>Welcome Week Food Distribution 9 am to 12 pm By Appointment Only Appointment Link: https://www.cuyamaca.edu/student-support/cuyamaca-cares/drive-through-pantry.php</p>	<p>Welcome Week Food Distribution 11 am to 4 pm By Appointment Only Appointment Link: https://www.cuyamaca.edu/student-support/cuyamaca-cares/drive-through-pantry.php</p>	<p>Welcome Week Food Distribution 9 am to 12 pm By Appointment Only Appointment Link: https://www.cuyamaca.edu/student-support/cuyamaca-cares/drive-through-pantry.php</p>	<p>RISE Program and HELS Services Meet and Greet Zoom Link: https://jfssd.zoom.us/webinar/register/WN_6nAXpd3AQCGhH2O5TUuwBw 1:00 to 2:30 pm Description: If you would like to learn what support, services, resources are available to</p>	<p>Club Info Session 1:00 to 2:00 pm Zoom Link: https://cccconfer.zoom.us/meeting/register/tJAufuyhqjstGdFuI6TYJFsn6uMTM8-JJcH9 Description: Join us in this session to learn about the student clubs and organizations at Cuyamaca</p>

		<p style="text-align: center;">Cuyamaca Cares 11:30 am to 12:30 pm Zoom Link: https://cccconfer.zoom.us/j/8166s253qoA321xbAcu</p> <p>Stop by to learn more about our Cuyamaca Cares program on food and emergency resources</p>	<p>Undocumented Status Students at Cuyamaca College. In addition, the different ways in which students, faculty, staff, and Administrators can show support and create a better campus community.</p> <p style="text-align: center;">AND</p> <p>Jewish Family Services Higher Education Legal Services: You will have an opportunity to meet the Jewish Family Service - Higher Education Legal Services (HELs) staff that will present on: resources, free legal consultations, funds available to cover DACA renewal fees, funds available to cover naturalization fees available and much more offered for free to all Cuyamaca College students, staff, and faculty via online.</p>	<p style="text-align: center;">ASG Meeting 12:30 to 1:30 pm Zoom Link: https://cccconfer.zoom.us/j/824tzaeXBQaZA_</p> <p>Description: You will have the opportunity to attend the Associated Student Government meeting and learn more about ways to become involved.</p>
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			<p style="text-align: center;">HELs Services Meet and Greet</p> <p style="text-align: center;">Zoom Link:</p> <p style="text-align: center;">1:30 pm to 2:30 pm</p> <p style="text-align: center;">Presented by: HELs Staff</p> <p style="text-align: center;">Description: You will have an opportunity to meet the Jewish Family Service - Higher Education Legal Services (HELs) staff that will present on: resources, free legal consultations, funds available to cover DACA renewal fees, funds available to cover naturalization fees available and much more offered for free to all Cuyamaca College students, staff, and faculty via online.</p>	<p style="text-align: center;">ASG Meet and Greet</p> <p style="text-align: center;">1:30 to 2:00 pm</p> <p style="text-align: center;">Zoom Link:</p> <p style="text-align: center;">https://cccconfer.zoom.us/j/84451222222</p> <p style="text-align: center;">Description: You will have the opportunity to attend the Associated Student Government meeting and learn more about ways to become involved.</p>
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**Breaking Down Barriers Meet
and Greet**

Zoom Link:

https://cccconfer.zoom.us/join/register/tJ0oc-iqqjksHtVkJkqvSp2aV7GT-mx_VTZb

2:30-3:30 pm

Presenter: Breaking Down
Barriers Staff

Description: You will have an opportunity to meet the Jewish Family Service- Breaking Down Barriers staff that will present on: importance of accessing mental health resources, free community resources for both Students and their Family members, and set of virtual workshops offered to Cuyamaca College Students.

			<p>Personal Counseling How COVID has affected students. 1:00 to 2:00 pm Zoom Link: https://cccconfer.zoom.us/j/6d44CaclKkj10seEaF</p> <p>We have all been affected by COVID in some way. Loss of loved ones, loss of relationships, loss of jobs, loss of routine, etc. As we enter a new year, how can we all as students cope with what seems to be a "new normal"? Come attend this workshop to gain a deeper understanding on how COVID has affected us mentally, and how we can utilize coping strategies to navigate the new year.</p>	
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