## **Check your Writing: Bill of Rights**

Check off the rights that resonate with you and upon which you're willing to act. Add more to the list. Then, starting today, make a commitment to act assertively upon the rights you checked.

I have the right to ask my teacher to clarify my writing assignment. I have the right to ask for extra help from my teacher or tutor to help improve my writing. I have the right to ask for assistance if I don't know how to begin, how to develop, or conclude my paper. I have the right to say, "I don't understand." \_I have the right to be listened to and taken seriously when I ask for help with a writing assignment. I have the right to see myself as a capable, competent person. \_\_\_\_\_ I have the right to be treated as a capable human being by those who read my writing. I have the right to protect myself from unfair criticism when someone reads what I have written. \_\_\_\_\_I have the right to asses my teacher's ability in critiquing my writing. I have the right to remain calm and confident when writing. I have the right to feel comfortable and successful in writing. I have the right to positive self-regard and a positive self-image, regardless of how I write. I have the right to seek the best writing instruction possible. I have the right to make mistakes when writing and to rewrite and edit in efforts to improve my papers. I have the right to ask, "How?" I have the right to improve my writing at my own speed and not feel stupid if my pace is slower than others expect. I have the right to not base my self-worth on how well I can express myself on paper. I have the right to view myself as capable of being a good writer.

## **Other writing right includes:**