



College Hour
Monday, November 6, 2006
1:00 – 2:00 p.m.

Festival of Americana

**Food will be served from 1:00-2:00 p.m. at the
Student Services One-Stop Breezeway**

Come and browse our many tables featuring hand-crafted items such as jewelry, clothes, dolls, scrap booking and more. The Associated Students of Cuyamaca College are selling chili made by our very own staff and students, *Fritos*, and hot and cold drinks. Get the *Combo Meal Deal* for only \$1.50, which includes chili, chips and a drink. What a bargain!! If you're not interested in the Combo Meal, all food items will be sold individually for \$1.00 each. Don't forget to save your tickets from the purchase of your *Combo Meal Deal* and enter it to win a fabulous prize at our Opportunity Drawing!

Name the Coyote Contest

If you were a coyote, wouldn't you get tired of people saying "Hey, you" or "You with the big teeth?" I think we all agree that it is time to name our Cuyamaca Coyote mascot! The winner will receive two movie tickets. Forms will be available at College Hour at the Student Services One-Stop Breezeway.

Choosing a Career That's Right for Me!

Presenter: Laurie Brown, Coordinator
Cuyamaca College Career and Student Employment

1:00-2:00 p.m.
Room E-113

Learn how your personality and interests match with a career. **FREE** career assessment and advising are included in this workshop.

Library Display

There will be a display in the library in recognition of National Native American Heritage Month from Monday, November 6th to Wednesday, November 22nd. On display are posters, maps, artifacts and books on Native Americans from different regions in North America. Books on display from the library collection are available for check-out.

Health Check Up

Student Services One-Stop Breezeway

Sponsored by the Health and Wellness Center

Ext. 4200

Call Priscilla Bartholomew, R.N. or Peter Hanna, M.D. for further details

The Health and Wellness Center will be checking blood pressure levels for individuals. Look for the Health and Wellness Center table at the Student Services One-Stop Breezeway during College Hour.

College Hour provides the college community with an opportunity to participate in collegiate experiences outside the classroom. Instructors are encouraged to release their classes during College Hour so that faculty and students may attend these events. For further questions, please contact Sharon Barrett at ext. 4295.

