

Spotlight on Student Services



Career Center

Contact: Cindy Morrin

Career Center Coordinator

Phone: 619-660-4436

www.cuyamaca.edu/services/career

Office Hours:

Monday: 8:00 am – 6:00 pm

Tuesday – Thursday: 8:00 am – 5:00 pm

Friday: 9:00 am – 1:00 pm

Room A-221 at the One Stop

What We Do? – At a Glance

The Career Center provides career and employment guidance to students, alumni, veterans, and the community at large. Our services include career job coaching, career counseling, choosing a major, workshops, online job board for students and employers, job binders, career assessments, career classes, career research, internships, an annual job fair and much more! Find your PATHWAY!

East County Career Expo Success!

Held on February 22, a record number of job seekers – 256 – attended this spring's East County Career Expo, co-hosted by Cuyamaca College and East County Career Center-America's Job Center of California. Our three Bronze Coyote Sponsors – ChildCare Careers, Vector, and Volt Workforce Solutions – were among the 42 companies represented this year. Exit surveys from 71% of the companies anticipated 78 hires, reported 68 scheduled interviews, and included 10 internships with California Senator Joel Anderson.

Several company representatives said the 2017 East County Career Expo was one of the best job fairs they have attended. They remarked about how professionally dressed and prepared the job seekers were for conversations with representatives.



Spring 2017 Career Workshops & Events

Held at the Career Center unless noted

The Art of Networking: Social & Professional

Monday April 3 2:00-3:00 pm

YMCA Tabling Event (student center)

Thursday April 6 11:00-2:00 pm

CTE Majors: Gateway to High Wage – High Demand Careers

Tuesday April 18 1:00-2:00 pm

Public Service Career Day (grand lawn)

Wednesday April 19 10:30-1:30 pm

Keys to Mastering the Interview and Job Search

Friday May 5 10:00-11:00 am

Sustainability Resource Fair (Grossmont College)

Thursday April 27 10:00-2:00 pm

Build & Update a Better Resume

Monday May 22 1:00-2:00 pm

Job & Career Skills Assistance

Stop by or call the Career Center for help in these areas:

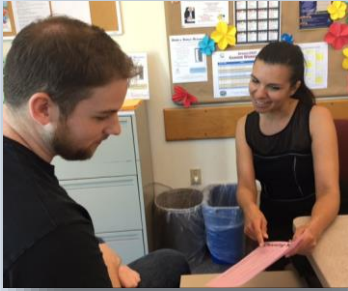
- Create your Career Portfolio with your Resume and Cover Letter.
- Practice Interviewing and networking, including social media (build your LinkedIn account).
- Find your dream career job, an internship, part-time job or seasonal work.

Career Counseling

Call the Career Center to Schedule an individualized counseling appointment to help you along your career pathway and receive answers to your questions!

- Create a Career Educational Plan.
- Explore careers, majors and related websites and resources.
- Take our Career Assessments to find out who you are, your strengths, values, and skills – and then match those to majors and careers.

Meet our Part-Time Career Counselors



Melanie Davidson

Melanie has been counseling college students for more than 10 years. She graduated from Allan Hancock College with an A.A. in Liberal Arts, and transferred to Cal Poly, San Luis Obispo where she graduated with a B.S. in Psychology. She moved to San Diego in 2006 and worked at UC San Diego as an academic counselor, followed by career counseling at the UCSD Career Center. Melanie has an M.S. in Counseling with an emphasis in Community College Student Development from University of San Diego. Currently, Melanie works at the Cuyamaca College Career Services Center and the Cal-WORKS office, where she has been counseling for two years. She has a background in Pre-Med advising, Graduate School advising, and Career counseling. Melanie is available to assist you on Mondays as you chart your path toward your career.



Michelle Campuzano

Michelle joined Cuyamaca's Career Services team in fall 2015 as a counseling intern under the guidance of Cindy Morrin, Career Services Coordinator. After the completion of Michelle's internship, she was officially hired during the summer of 2016. Her previous experience includes working at multiple community college career centers within San Diego and Imperial Counties, and an internship with Sweetwater Union High School District where she assisted under-represented, first-generation students plan and prepare for college. Michelle supports students through career exploration and develops educational plans focused on their interests and career choices.

Career Outreach at Gradfest, high schools, East County communities and on campus!

Our Team has been conducting outreach to inform students and the community of our free services! You might see a table on the grand lawn, the student center and at events on campus. We hold workshops during welcome week and visit classes to invite students to use our center. We interacted with the entire senior class at Valhalla High School, conducting career workshops during all 7 periods for their Career Day. Erica Olmos, Michelle Campuzano, Cindy Morrin and student workers conducted the workshops as a team – sharing steps toward choosing careers and majors, and marketing Cuyamaca's CTE programs leading to high wage/high demand jobs Gradfest and a CTE Career Panel at Got Plans? were other outreach events that resulted in follow up appointments.



Job & Internship Placement

- Assist CTE students and alumni search and find gainful employment
- Conduct initial career assessments, including employment skill levels, soft-skills, education levels and supportive service needs.
- Conduct career development workshops including resume writing, interview skills and other group workforce development workshops
- Coordinate with Cuyamaca College career center staff
- Provide students with access to self-directed resources and web-based career readiness employment tools.
- Foster apprenticeship, pre-apprenticeship, and internship programs.



Welcome Erica Olmos

Employment Development Specialist

Erica is a wonderful addition to our Career Team at the Career Center. Grant-funded through Workforce and East County Career Center, Erica works specifically with CTE and WIOA eligible students. Erica's hours at the Career Center are 8 to 5 on Mondays and Tuesdays. Wednesday through Friday she continues her work at the East County Career Center, but responds to telephone calls and emails from either office. Please send your students looking for work in their majors and Erica will place them into positions. Not only does she find them jobs, she will prepare students for the interview and help them create their résumés and cover letters. Erica is a very important resource and she already has several success stories! Erica has a degree in Sociology from CSU Stanislaus and more than 14 years working in education. Phone 619.660.4589; Email eolmos@guhdsd.net

Invite us to your Classroom



Two of our services to the Cuyamaca campus are classroom visits and/or workshops in the Career Center -- both tailored to your specific classes. Pick a topic that best suits your students' needs and we can prepare a presentation to order. Our counselors and job developer can also schedule evening presentations. Contact Career Services to set it up – 660.4436

Employer Tabling Events on Campus

Employers are often on Campus!
Visit the Career Center to see who is coming next!



Career Center Student Workers



Farah Hashim, Maryam Gorgees, Atared Al Jabory

Welcome our wonderful Student Workers from CalWORKs!

Farah has been a student since 2014, studying Biology and plans to transfer to SDSU in 2018. Her career goal is to become a lab technician. Farah and her family are originally from Iraq and moved here in 2013. She has a two-year-old daughter and a very proud mom!

Maryam, originally from Iraq, moved here in 2010. She has been a student since 2013, studying Social Work and plans to transfer to SDSU fall 2018. Maryam's ultimate goal after receiving her degree is to attend the Police Academy to become a Police Officer. She has a son who is seven and a daughter who is two.

Atared, better known as **Rudy**, has a degree in Computer Science and Software Engineering from the University of Technology in Iraq. Rudy and her family moved here in 2012. Since enrolling in 2013, she has been studying Social Work and plans to transfer to SDSU in 2018. Her future goals are to obtain an M.S. in Social Work and work with San Diego County, helping refugee and immigrant populations. Rudy has two sons, ages 9 and 13.

Welcome our Summer Interns from Germany!



Svenja Adler and Lea Nelleben

Please welcome Svenja Adler and Lea Nelleben from the University of Applied Labour Studies of the Federal Employment Agency in Germany. They have been board approved to intern at our Career Center full-time for six weeks, June 12 through July 21. Their university offers two bachelor's degrees: Labour Market Management, and Career Guidance and Case Management. The university encourages its students to do one of their internships abroad and offers support and travel accommodations. Students acquire unique expert knowledge and practical experience, qualifying them to take over executive positions at the Federal Employment Agency in Germany.

Svenja Adler (24) is a future Placement Officer at the Federal Employment Agency. She helps unemployed clients with varied social backgrounds find suitable jobs to improve their quality of life. Her past internships have included a variety of social sectors. When she is not working, she enjoys photography, plays the guitar, and enjoys sports, especially cycling.

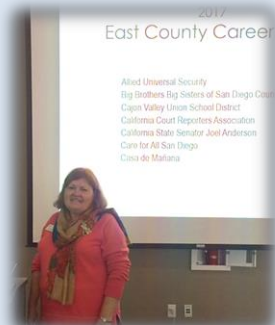
Lea NelleBen (23) plans to be a Job Advisor for unemployed people. Within her studies, she advises clients – with instruction from professionals – concerning additional training and professional options for securing a suitable career and workplace. In her spare-time, she enjoys spending time with her family and friends, enjoying good music and food.

Lea and Svenja are both excited to learn more about the California way of life and to meet new people at Cuyamaca College!

Thank you Kate Miller!

CTE Transitions Support Specialist

Kate does a lot of behind-the-scenes support for our career center including organizing our Career Fair and special events, creation of workshop flyers for marketing, and approving employers and job postings on our FREE Online Job Board. Kate also alerts faculty of positions appropriate for sharing with their students.



Job Board for Employers and Students!

Employers can advertise their positions to our students for FREE! Go to our Career Website and click on "For Employers," or go to www.collegecentral.com/cuyamaca. Positions may be searched by our college majors and employers can post under our specific majors.

Students have free access to the Job Board by registering for a personal account! Get help at the Career Center or go to the Career website and click "For Students."

How to Choose a Major – Career Assessment

The Career Center has a variety of assessments and tools to help students choose a career and/or major, conduct a job search, prepare for job interviews, and more. Our interviewing software and résumé templates are pretty cool. Assessments help students understand their skills, values, and interests, and then match them to career clusters and possible pathways. In addition to resources on the O*NET, the Career Center has wonderful Career Research password-protected programs. Most of our assessments and tools may be used online at home. Or there are computer labs and a private room for interview practice available for your use on campus. Stop by the Career Center to obtain access codes and instructions; then set up an appointment with a Career Counselor for follow-up, interpretation, and career research!



Cindy Morrin ***Helping Students Find Their Way***

Cindy Morrin was born to be a counselor. It just took her a while to figure that out. Now she's impacting thousands of lives as a counselor and career services coordinator at Cuyamaca College.

"I love empowering students and I love helping them find their passion," Cindy said. "I love to see students find their way, find their path, and it's so rewarding helping them get there." She changed her path several times in route to Cuyamaca College. As a student at San Diego State University, she switched majors a few times before graduating with an English degree, earning a teaching credential and working as an English teacher at The Charter School of San Diego, an independent study program targeting at-risk youth. It was during the last two of her six years with The Charter School of San Diego that she earned her master's degree in counseling from Point Loma Nazarene University. She served as a counselor at Madison High School in San Diego and San Diego Mesa College before coming to Cuyamaca College as an adjunct counselor in 2005 and being hired full time a year later.

Four years after that, Cindy took on the added responsibility of being Cuyamaca College's career services coordinator, a post that utilizes all the skills of an effective counselor. As a counselor, she meets with approximately 15 students each week, helping them develop an education plan and working with them on their career goals. She also teaches a couple courses in college and career success.

As Cuyamaca's career services coordinator, Cindy is among the many reasons the Grossmont-Cuyamaca Community College District annually generates more than \$1 billion in increased economic activity in San Diego County. She coordinates closely with the East County Chamber of Commerce in staging the hugely successful East County Career Expo at Cuyamaca College. The most recent event held in February drew nearly 50 employers and more than 250 students, yielding 78 job opportunities and 10 internships. "We try to offer comprehensive career services for students, and that means everything from choosing a major to writing a resume to how to prepare yourself for a job interview," Cindy said.

Cindy, who grew up in Bonita, said there's no place she'd rather be than at Cuyamaca College. "Being a smaller campus allows us to reach out to more students," who lives on Mount Helix. "It's just such a nice, family atmosphere here. Add to the fact that we have such wonderful faculty and it makes Cuyamaca College an excellent place to get an education.

